



2010 Handbook

Section	Pages	Contents
1	2 - 3	District Officials
2	4 - 8	Affiliated Clubs & Contacts
3	9 - 10	Timekeepers & Course Measurers
4	11 - 12	Police Contacts
5	13	Explanation of Course Letters & Numbers
6	14 - 19	Approved Open & Association Event Courses
7	20 - 22	Approved Club Event Courses
8	23 - 25	District Rules & Other Useful Information
9	26	2009 S.E. Midlands Open Time Trial Results
10	27 - 28	2010 S.E. Midlands Open Time Trials
11	29 - 37	2010 S.E. Midlands Club Time Trials

CTT website: www.ctt.org.uk

Please let me know if any details are incorrect or if you have any updates of:
club contacts, names, addresses or telephone numbers

Trevor Randall

District Officials and Committee

Chairman:

Ron Brown, 10 Tebbitt Close, Long Buckby, Northampton, NN6 7YL
Tel: 01327 843881 E-mail: ronbrown.10tebbitt@virgin.net

Secretary:

Trevor Randall, 16 Manor Drive, Irthlingborough, Northants, NN9 5SL
Tel: 01933 388926 E-mail: t.randall@ntlworld.com

Treasurer:

Ron Brown, 10 Tebbitt Close, Long Buckby, Northampton, NN6 7YL
Tel: 01327 843881 E-mail: ronbrown.10tebbitt@virgin.net

Assistant Secretary (Open Events):

Tim Cockerell, Red Lion House, Station Road, Barnack, Stamford, PE9 3DW
Tel:01780 740526 E-mail: tim@tcockerell.demon.co.uk

Assistant Secretary (Open Events):

Dave Yarham, 7 Torpel Way, Maxey, Peterborough, PE6 9EQ
Tel: 01778 343077 E-mail: yarhamd@msn.com

Assistant Secretary (Club Events):

Graham Swannack, 3 The Meadows, Redhill Grange, Wellingborough,
Northants, NN9 5YT
Tel: 01933 674201

Assistant Secretary (Minutes):

Graham Bickle, 3 Burditt Close, Rothwell, Northants, NN14 6LD
Tel: 01536 711872 E-mail: graham.bickle@bt.com

Assistant Secretary (Courses and Risk Assessment):

Richard Daniells, 6 Matson Close, Rothwell, Northants, NN14 6AY
Tel: 01536 418075

Committee:

Tom Bailey, 4 Southlands, Kettering, Northants, NN15 7QG
Tel: 01536 525237 E-mail: tjlbaileytimetrialist@yahoo.co.uk

George Barnett, 27 Carlson Gardens, Lutterworth, Leicestershire, LE17 4DP
Tel: 01455 554361 E-mail: gbarnett37@hotmail.com

Graham Cafe, 79 Bickerstaffe Road, Towcester, Northants, NN12 6EQ
Tel: 01327 352389

District Officials and Committee - continued

Steve Cockell, 2 Woodburcote, Nr. Towcester, Northampton, NN12 6JR
Tel: 01327 350842

Terry Cooke, April House, Station Road, Kimbolton, Cambs, PE28 0HS
Tel: 01480 860526 E-mail: terry_cooke@btinternet.com

Pete Etheridge, 57 High Street, Finedon, Northants, NN9 5JN
Tel: 01933 680454 E-mail: petensuee@hotmail.co.uk

Patrick Houghton, 49 Addington Road, Irthlingborough, Northants, NN9 5ST
Tel: 01933 650883 E-mail: dorothy.houghton@ntlworld.com

Andrew Brooke, 131 Vicarage Farm Road, Wellingborough, Northants
NN8 5EU. Tel: 01933 675379

Auditor:

Ilona Bickle, 16 St Oswalds Close, Kettering, Northants, NN15 5HZ
Tel : 01536 312156 E-mail: ilona.bickle@ntlworld.com

Club Contacts

45 Road Club - Website: www.45roadclub.co.uk		
General Secretary	Treasurer	Time Trial Secretary
Simon Fitzhugh 12 The Piece, Cogenhoe, Northants, NN7 1LX Tel: 01223 461871 45roadclub@gmail.com	Zak Moore 12 Severn Close, Wellingborough, Northants, NN8 5WF Tel: 01933 402385 45roadclub@gmail.com	Graham Swannack 3 The Meadows, Red Hill Grange, Wellingborough, Northants, NN9 5YT Tel: 01933 674201
A5 Rangers CC - Website: http://a5rangerscyclingclub.org.uk www.a5rangerscc.co.uk/A1		
General Secretary	Treasurer	Time Trial Secretary
Mick Holliday 20 Link Way, Towcester, Northants, NN12 6HF Tel: 01327 350498 sue_isis@yahoo.com	Keith Gelder 57 High Street, Croughton, Brackley, Northants, NN13 5LT Tel: 01869 810891	Dave Lazenby Glebe Barn, School Lane, Wappenham, TOWCESTER, NN12 8SG Tel: 01327 861149 Mob:07881930542 Davelazenby930@ btinternet.com
C.A.T.S. MBC - Website: www.catsmbc.com		
General Secretary	Treasurer	Time Trial Secretary
Neil Holman 44 East Street, Market Harborough, Leics, LE16 9AE Tel: 01858 440261 neiljholman@aol.com		Neil Holman 44 East Street, Market Harborough, Leics, LE16 9AE Tel: 01858 440261 neiljholman@aol.com
Fenland Clarion CC - Website: http://www.fenlandclarion.co.uk/		
General Secretary	Treasurer	Time Trial Secretary
Paul Frost 13 Prestland, Market Deeping, Peterborough, PE6 8DT Tel: 01778 347410 Paul@fenlandclarion.co.uk	Mrs Marion Royle, 24 Cartmel Way, Eye, Peterborough. PE6 7XA Tel: 01733 223529	Paul Frost 13 Prestland, Market Deeping, Peterborough, PE6 8DT Tel: 01778 347410 Paul@fenlandclarion.co.uk

Section 2 page 2/5
Club Contacts

Kettering Amateur CC - no website:		
General Secretary	Treasurer	Time Trial Secretary
Brian Paling 6 Chapel Lane, Flore, Northants, NN7 4LF Tel: 01327 349484 brian.paling@btopenworld.com		

Kettering CC - Website: www.ketteringcc.co.uk		
General Secretary	Treasurer	Time Trial Secretary
Adrian Tilley 20 Glastonbury Close, Kettering Northants, NN15 5ES Tel: 01536 536525 adriantilley5 @virginmedia.com	Mark Affuso, 40 London Rd, Kettering, Northants markaffuso@yahoo.co.uk	Gavin Hinxman Tel: 01536 505887 gavin.s.hinxman@ btinternet.com

Kings Cliffe Flyers Website - www.kingscliffeflyers.wordpress.com		
General Secretary	Treasurer	Time Trial Secretary
Ghislaine McVitty 18 Willow Lane Kings Cliffe Peterborough PE8 6XT Tel: 01780 470083 ghislaine.mcvitty.eu.ffmpeg	Martin Atkinson 18 Daymond Street, Peterborough, PE2 9RW Tel:07791 426369 martinatkinson@ rocketmail.com	Mark McVitty 18 Willow Lane Kings Cliffe Peterborough PE8 6XT Tel: 07834 264948 mark.mcvitty@ southnorthants.gov.uk

Northampton & District CA - no website		
General Secretary	Treasurer	Time Trial Secretary
Trevor Randall 16 Manor Drive Irthlingborough Northants, NN9 5SL Tel: 01933 388926 t.randall@ntlworld.com	Richard Daniells 6 Matson Close Rothwell Northants, NN14 6AY Tel: 01536 418075	Graham Bickle, 3 Burditt Close, Rothwell, Northants, NN14 6LD Tel: 01536 711872 E-mail: graham.bickle@bt.com

Section 2 page 3/5
Club Contacts

Northants Tri Club - Website: www.northantstri.co.uk		
General Secretary	Treasurer	Chairman
Emma Vokes 8 Webb's Factory, Brockton St Northampton, NN2 6HA Tel: 07832 105737 ntri@winning.com		Andrew Thompson 66 Western Way, Northampton, NN3 3BN Tel: 01604 785421 atbt303@hotmail.com

Numplumz Mountainbikers		
General Secretary	Treasurer	Time Trial Secretary
Robert Mitchell 2 Reynolds Close, Barton Seagrave Kettering, Northants NN15 5JT. 01536 523008 Carbonbob@virginmedia.com		

Oundle Velo Club -no website.		
General Secretary	Treasurer	Time Trial Secretary
Jim Jones 28 Nene Crescent, Corby, Northants, NN17 2JQ Tel: 01536 200349	Dave Donaghue 2 Denford Drive, Barton Seagrave, Northants, NN15 6UR. Tel: 01536 492661 (work)	Shirley Hockridge 74 Northumberland Road, Kettering, Northants, NN15 6LL Tel: 01536 390920 shirley.hockridge@ntlworld.com

Peterborough CC - Website: www.peterboroughcyclingclub.co.uk		
General Secretary	Treasurer	Time Trial Secretary
Tim Cockerell Red Lion House, Station Road, Barnack, Stamford PE9 3DW tim@tcockerell.demon.co.uk 01780 740526	Rod Auckland 70 Church Street, Market Deeping Peterborough PE6 8AL Tel: 01778 342327	Dave Yarham 7 Torpel Way, Maxey, Peterborough, PE6 9EQ Tel: 01778 343077 yarhamd@msn.com

Section 2 page 4/5
Club Contacts

Rockingham Forest Wheelers Website: http://www.rockinghamforest.org.uk/index.html		
General Secretary	Treasurer	Time Trial Secretary
Ilona Bickle 16 St Oswalds Close, Kettering, Northants, NN15 5HZ Tel : 01536 312156 ilona.bickle@ntlworld.com	Eileen Doherty 1 Arden Close, Barton Seagrave, Kettering, Northants, NN15 6UY Tel: 01536 724834 Eileen.Doherty@kgh.nhs.uk	John Partridge 45 Gotch Rd Barton Seagrave Kettering, Northants, NN15 6UF. Tel: 01536 722681. jpartridge45@yahoo.co.uk

Roy Pink Cycles Racing Team -website: www.roypinkcycles.co.uk		
General Secretary	Treasurer	Time Trial Secretary
Stewart Wilson 27 Hunt Close Towcester, Northants NN12 7AD Tel: 01327 353723 wilson96@tiscali.co.uk		Stewart Wilson 27 Hunt Close Towcester, Northants NN12 7AD Tel: 01327 353723 wilson96@tiscali.co.uk

St Ives CC - Website: www.stives-cc.co.uk		
General Secretary	Treasurer	Time Trial Secretary
Matt Nockolds 20 Elizabeth Court, St Ives, Cambs, PE27 5BQ Tel: 01480 496477 mattnockolds@btinternet.com	Alan Moules 14 Sumerling Way, Bluntisham, Cambs, PE28 3XT	Terry Cooke April House, Station Road, Kimbolton, Cambs, PE28 0HS Tel: 01480 860526 terry_cooke@btinternet.com

Team Just Racing -No website (at publication date have not re-affiliated for 2010)		
General Secretary	Treasurer	Time Trial Secretary
Colin Lancaster 26 Feast Field Close, Wollaston, Northants, NN29 7QG Tel: 01933 664296 colin.lancaster@virgin.net		

Section 2-page5/5
Club Contacts

Team Sanjan Design - No website		
General Secretary	Treasurer	Time Trial Secretary
Sandra Binczyk 41 Hyacinth Way, Rushden, Northants, NN10 0UR Tel: 01933 355219 TSD@sanjandesign.demon.co.uk	John Binczyk 41 Hyacinth Way, Rushden, Northants, NN10 0UR Tel: 01933 355219	

Welland Valley CC - Website: www.wellandvalleycc.co.uk		
General Secretary	Treasurer	Time Trial Secretary
Dave Birch 22 Greenway, Kibworth, Leics, LE8 0LU Tel: 0116 279 2756 dave@betula.myzen.co.uk	Adrian Killworth 1 Davies Close, Market Harborough, Leics, LE16 7ND	Bill Barrie 6 Ashley Road Medbourne Leics. LE16 8DL Tel.: 07711 416254 bill_barrie@hotmail.com

Wootton Tri/Wootton Road Runners www.woottonroadrunners.co.uk		
General Secretary	Treasurer	Time Trial Secretary
Caroline Parkins 20 Ladymead Close, West Hunsbury Northampton, NN4 9SE Tel:01604 765691		

Section 3-page 1/2
Time Keepers & Course Measurers

Time Keepers (can time at the Start or the Finish)		
George Arnot 29 Lancaster Upwood, Ramsey Cams, PE26 2PX Tel: 01487 813014	George Barnett 27 Carlson Gardens, Lutterworth, Leics, LE17 4DP Tel: 01455 554361 gbarnett37@hotmail.com	Ron Brown, 10 Tebbitt Close, Long Buckby, Northampton, NN6 7YL Tel: 01327 843881 ronbrown.10tebbitt@ virgin.net
Miss Janet Cafe, 38 Willis Way, Towcester, Northants, NN12 6BB Tel: 01327 352963	Richard Daniells, 6 Matson Close, Rothwell, Northants, NN14 6AY Tel: 01536 418075	Ian Franklin, 15 Packhorse Road Stratford-upon-Avon, CV37 9AQ Tel: 01789 264161 ianfranklin1090@ hotmail.com
Jim Hamilton, 8 Glen Drive, Boston, Lincs, PE21 7QB Tel: 01205 368759	Gordon Hart, 19 Riverside Road, Luton, Bedfordshire, LU3 2LY Tel: 01582 593893 gordon.hart@ idnetfreemail.co.uk	Jim Hendry, 62 St. Saviours Road, Kettering, Northants, NN15 5EJ Tel: 01536 483695
Sue Holliday 20 Link Way, Towcester, Northamptonshire, NN12 6HF Tel: 01327 350498 Sue_isis@yahoo.com	Gil Martin, 302 Loughborough Road, Leicester, LE4 5PH Tel: 0116 266 2817	John Pick 13 Sweet Acre Close, Grendon, Northants, NN7 1JJ Mobile: 07515 479091 Tel: 01933 663408
Mick Ward BEM, 18 St Saviours Rd., Kettering, Northants, NN15 5EJ Tel: 01536 392924 michaelward.bem@ ntlworld.com		

Section 3 page 2/2
Time Keepers & Course Measurers

Assistant Time Keepers (can only time at the Start)		
<p>Lisa Hyde 121 Northampton Road, Market Harborough, Leicestershire LE16 9HD Tel: 01858 432600</p>	<p>Richard Newcombe 67 Hall Lane, Werrington, Peterborough, PE4 6RA Tel: 01733 706498 Work: 01733 331500</p>	<p>John Partridge, 45 Gotch Road, Barton Seagrave, Kettering, Northants, NN15 6UF Tel: 01536 722681 jpartridge45@yahoo.co.uk</p>
<p>John Saville 1 Crab-Apple Green, Orton Wistow, Peterborough, PE2 6YR Tel: 01733 234963</p>	<p>Graham Swannack 3 The Meadows, Red Hill Grange, Wellingborough, Northants, NN9 5YT Tel: 01933 674201</p>	<p>Chris York 14 Pinewood Road, Spinney Hill, Northampton, NN3 2RB Tel: 01604 648883</p>

Course Measurers		
<p>Graham Cafe 79 Bickerstaffe Road, Towcester, Northants, NN12 6EQ Tel: 01327 352389</p>	<p>Richard Daniells 6 Matson Close, Rothwell, Northants, NN14 6AY Tel: 01536 418075</p>	<p>Mike Reay 99 Pioneer Avenue, Desborough, Northants, NN14 2PA Tel: 01536 760517 Mikereay@ freenetname.co.uk</p>

Section 4 page1/2 Police Contacts

Police contact	Method of authorisation	Other information
<p>Cambridgeshire Constabulary, Hinchingbrooke Park, Huntingdon, PE29 6NP Tel: 01480 456111</p> <p>Contact: Christine Harter</p>	<p>Operates a procedure of automatically authorising Cycle Time Trial notification received from a CTT affiliated club. The application should be made by recorded delivery. On the rare occasion that an objection or observation is made the organiser will be notified within 14 days. If no objections are raised the event will receive automatic authorisation.</p>	<p>Roadwork on the N1 East Cambs Dist Council Highways Dept, Witchford Rd, Ely, Cambs, CB6 3NR</p> <p>Mr S Clift or Gary Wesley Tel: 01353 667826</p> <p>http://www.cambridgeshire.gov.uk/</p>
<p>Thames Valley Police Headquarters, Oxford Road, Kidlington, Oxon, OX5 2NX Tel: 01865 846000</p>	<p>Operates a procedure of automatically authorising Cycle Time Trial notification received from a CTT affiliated club. The application should be made by recorded delivery. If upon the rare occasion, when an objection or observation is made the organiser will be notified within 14 days. If no objections are raised the event will receive automatic authorisation.</p>	<p>http://www.thamesvalley.police.uk/</p>
<p>Traffic Management, Northamptonshire Police, Mere Way, Northampton, NN4 8BH Tel: 01604 700700</p> <p>Contact: Mr Peter Tolley Tel: 01604 703422 Fax: 01604 703417</p>	<p>Operates a procedure of automatically authorising Cycle Time Trial notification received from a CTT affiliated club. The application should be made by recorded delivery. If upon the rare occasion, when an objection or observation is made the organiser will be notified within 14 days. If no objections are raised the event will receive automatic authorisation.</p>	<p>Road works etc NCC / WS Atkins Highways Dept, Harborough Road, Brixworth, NN6 9BX Tel: 01604 883400 Fax 883456</p> <p>Paul Hornbrook (Area Mtce. Eng.) Tel: 01604 883400 http://www.northants.police.uk</p>

/continued

Section 4 page 2/2
Police Contacts (cont)

<p>Traffic Management, Leicestershire Police, Traffic Management St Johns, Narborough, Leicester LE9 5BX</p> <p>Contact: Mrs L Panton Tel: 0116 222 2222 ext/2440/2441/2444 Fax 01162482327</p>	<p>Police will send a letter to the organiser authorising event</p>	<p>http://www.leics.police.uk/</p>
<p>The Chief Superintendent, Bedfordshire Police, Woburn Road, Kempston, Bedfordshire, MK43 9AX Tel: 01234 841212</p>	<p>Police will send a letter to the organiser authorising event</p>	<p>http://www. bedfordshire.police.uk/</p>

Main trunk road information can be found on the Internet on
<http://www.highways.gov.uk/>

Bad road surfaces and potholes in Northamptonshire can be reported directly
via the Internet on:
http://www.northamptonshire.gov.uk/Transport/Roads_pathways/potholes.htm

or by or telephone on 0845 601 1113 during office hours

Section 5 - Page 1/1

Explanation of Course Key Letters & Numbers

Meaning of N/- prefix

Prefix	Used for	Location
N1/distance	Open TT at standard distance	B1043 (A1 service road) Norman Cross to Alconbury
N2/distance		A1 Stamford to Norman Cross
N3/distance		Rothwell to Lamport area
N4/distance		A14 Thrapston to Brampton Hut
N5/distance		A5 Towcester
N6/distance		A427 Market Harborough to Corby
N7/distance		A45 Thrapston to Northampton
N8/distance		A4304 Market Harborough to Lutterworth
N9/distance		A605 Thrapston to Peterborough
N10/distance		Peterborough Parkway
N11/distance		A43 Corby to Stamford
N12/distance		A428 Northampton to Bedford
N13/distance		A43 Towcester to Northampton
N14/distance		A14 Thrapston to Kettering
N15/distance		A421 Buckingham to Brackley
N16/distance		A6116 Corby to Thrapston
N17/distance		A43 Towcester (Silverstone Bypass) Brackley
N18/distance		A43 Broughton to Northampton
NC code	Open Circuit TT	Location determined by course code
NHC code	Open Hill Climb	Location determined by course code
NC dist/code	Club TT at std dist	Location determined by course code
NCC code	Club Circuit TT	Location determined by course code
NCHC code	Club Hill Climbs	Location determined by course code

Meaning of Suffix

Suffix	Meaning
A or B	Version A or B of a course
C	Circuit version of a course
R	Course in reverse direction

Meaning of the Abbreviations used in the Brief Course Descriptions in this handbook

RB = Roundabout. FO = Flyover. VH = Village Hall.

Courses Approved for Open & Association Events

Courses at Standard Distances

Course	Dist	Brief Description	Location	Event HQ	Course Record
N1/10	10	B1043 (old A1) Sawtry - Stilton	Sawtry	Old School Hall or Football Ground	Michael Hutchinson 19-43
N1/10R	10	B1043 (old A1) Stilton - Sawtry	Stilton	Stilton Village Hall or Cricket Club or Folksworth Village Hall	Richard Bradley 20-55
N1/15	15	B1043 (old A1) Stilton - Alconbury	Stilton		Dominic Sweeney 32-24
N1/25C	25	B1043 (old A1) Alconbury - Sawtry - Stilton - Sawtry - Stilton - Sawtry	Alconbury	Old School Hall or Football Ground	Michael Hutchinson 50-49
N1/50	50	B1043(old A1) Alconbury - Stilton.	Alconbury	Old School Hall or Football Ground	Nicholas Sayer 2-2-18
N3/10	10	B576 Lamport - Rothwell	Lamport	Old Village Hall	Sam Barker 21-39
N3/10B	10	Old - Red Lodge - Foxhall - Lamport -Old - Walgrave	Old		Sam Barker 21.41
N3/10C	10	Broughton - Foxhall Cottages - Lamport - Old - Red Lodge	Broughton	Broughton Village Hall	Dominic Sweeney 21-31
N15/10	10	A421 & B4031 Tingewick - Finmere - A43 roundabout	Finmere	Tingewick Village Hall	Mark Simmons 21-14
N15/25	25	A421, A43 & B4100 Finmere -Baynards Green - Bicester	Finmere		Roger Iddles 57-21
N15/25B	25	A421, A43 & B4100 Finmere - Croughton - A43 x 2	Finmere		Craig Simpson 53-04
N17/10	10	A43 Towcester (Silverstone bypass) Syresham.	Towcester	A5 Rangers Clubhouse	Sam Barker 19-17
N18/10	10	A43 Broughton - Garden Centre roundabout	Broughton	Broughton Village Hall	Sam Barker 20-31

Section 6 - page 2/6

Courses Approved for Open & Association Events

The following courses have been used for open or association events during the last few years and current risk assessments are available.

Circuits at non standard distances

Course	Dist	Brief Description	Location	Event HQ	Course Record
NC1A	20	Lowick bypass-Stanion-Weekley-Islip-Lowick bypass (Revised 2008)	Islip		Gary Deighton 44-37
NC3	15.4	Duncote-Weedon-Litchborough	Towcester	A5 Rangers Clubhouse	Dominic Sweeney 36-40
	31	Duncote-Weedon-Litchborough x 2			Matt Bottrill 1-10-07
NC12	8.8	Drayton-Gt Easton-Devil's Staircase-Medbourne-Drayton	Middleton	RFW Clubhouse	Jason Gurney 20-23
	18	Drayton-Gt Easton-Devil's Staircase-Medbourne-Drayton x 2			Dominic Sweeney 41-30
NC13C	12.8	Middleton-Ashley-Sutton Bassett-Dingley-East Carlton	Middleton	RFW Clubhouse	Zak Carr 27-32
NC14	10	Middleton-Bringhurst-Medbourne-Ashley-Middleton	Middleton	RFW Clubhouse	Dominic Sweeney 21-29
	20	Middleton-Bringhurst-Medbourne-Ashley-Middleton x 2			Dominic Sweeney 45-19
	18.7	Bringhurst-Medbourne-Ashley-Middleton x 2			Richard Prebble 41-30
	28.7	Bringhurst-Medbourne-Ashley-Middleton x 3			Stuart Dangerfield 1-01-19
NC15	9.4	Old-Red Lodge-Foxhall-Lamport-Old	Old	Old Village Hall	Not Available
	18.4	Old-Red Lodge-Foxhall-Lamport-Old x 2			Ben Hallam 39-44
NC15B	20.8	Lamport - Rothwell - Lamport - Old - Red Lodge - Foxhall - Lamport - Old	Old	Old Village Hall	Chris Storer 47-13

Continued with NC 16 courses overleaf

Section 6 - page 3/6

Courses Approved for Open & Association Events

The following courses have been used for open or association events during the last few years and current risk assessments are available.

Circuits at non standard distances** (continued)

Course	Dist	Brief Description	Location	Event HQ	Course Record
NC16H	10	Husbands Bosworth - Welford - Naseby - Clipston - Sibbertoft	Husbands Bosworth		Matthew Botterill 21-37
NC16N	10	Naseby - Clipston - Sibbertoft - Husbands Bosworth - Welford	Naseby	Naseby Village Hall	Brett Harwood 23-14
	20	Naseby - Clipston - Sibbertoft - Husbands Bosworth - Welford x 2			Matthew Botterill 44-35
	29.4	Naseby - Clipston - Sibbertoft - Husbands Bosworth - Welford x 3			Richard Prebble 1-04-37
NC16S	10	Sulby - Husbands Bosworth - Welford - Naseby - Clipston - Sibbertoft	Sulby		Not Available
NC17	10	Woodnewton - Fotheringhay - Nassington - Apethorpe - Woodnewton	Nassington		Paul Lilley 24-13

** or not officially measured by approved course measurer

Section 6 - page 4/6

Courses Approved for Open & Association Events

The following courses have not been used for open or association events during the last few years. New risk assessments would need to be completed before using these courses to run an open event.

Courses at Standard Distances

Course	Dist	Brief Description	Location	Event HQ	Course Record
N1/25	25	B1043 (old A1) Connington-Sawtry- Alconbury-Stilton-Holme	Connington	Holme Village Hall	New Course
N1/25B	25	Sawtry-Alconbury-Stilton- Sawtry - Alconbury- Woodwalton-Sawtry	Sawtry	Old School Hall or Football Ground	New course
N5/5	5	Duncote-Foxley-Circuit	Towcester	A5 Rangers Clubhouse	New course
N5/10C	10	Greens Norton- Litchborough-Maidford- Blakesley-Greens Norton	Towcester	A5 Rangers Clubhouse	Dominic Sweeney 21-37
N7/10	10	A45 Earls Barton- Doddington FO-Billing FO- A4500 RB- Earls Barton	Earls Bar- ton	Wellingborough Rugby Club	Sam Barker 19-46
N7/25	25	A45 Earls Barton- Stanwick RB-Billing FO- Earls Barton	Earls Bar- ton	Wellingborough Rugby Club	Sam Barker 50-55
N7/25R	25	A45 Stanwick-Billing FO- Stanwick	Stanwick	Raunds Football Club	Sam Barker 52-17
N8/25	25	A4304 Lubenham - Lutterworth	Lubenham	Lubenham Village Hall	Nick Giles 57-00
N11/25	25	A43 Stamford-Corby	Stamford	Easton-on-the-Hill Village Hall	James Gilfillian 56-28
N11/25R	25	A43 Corby- Duddington RB	Corby		Dominic Sweeney 53-56
N15/25C	25	Baynards Green- Barley Mow-Evenley x 2- Barley Mow-Finnere	Baynards Green		New course
N15/25D	25	Cottisford-Barley Mow- Brackley-Barley Mow- Finnere	Cottisford		New course
N15/50A	50	Cottisford-Barley Mow- Brackley-Barley Mow- Finnere x 2	Cottisford		New course

Continued overleaf

Section 6 page 5/6

Courses Approved for Open & Association Events

The following courses have not been used for open or association events during the last few years. New risk assessments would need to be completed before using these courses to run an open event. *(continued from previous page)*

Courses at Standard Distances

Course	Dist	Brief Description	Location	Event HQ	Course Record
N15/50B	50	Baynards Green - Barley Mow -Brackley - Barley Mow - Finmere x 2	Baynards Green		New course
N15/50C	50	Baynards Green - Barley Mow - Evenley - Barley Mow - Finmere x 3	Baynards Geen		New course
N16/10	10	A6116 Brigstock - Islip RB	Brigstock	Brigstock VH	Geoff Platts 21-22
N16/15	15	A6116 Stanion - Islip RB	Stanion		Rob Swan- nack 34-30
N18/10R	10	A43 Garden Centre - Broughton RB	Sywell Road, Holcot		New Course

Courses at non - standard Distances

Course	Dist	Brief Description	Location	Event HQ	Course Record
NC1	12	Grafton Underwood - Slipton - Sudborough - Brigstock	Grafton		Not availa- ble
NC1B	26.5	Brigstock - Grafton Underwood - Slipton - Islip - Brigstock. (2 laps)	Brigstock	Brigstock Country Park	Mathew Belfield 1-00-23
NC12	27	Drayton - Great Easton - Devils Stair- case - Medbourne - Drayton x 3	Drayton	RFW Club- house	Stuart Dangerfield 1-01-28
NC13A	15.6	Middleton - Bringhurst - Medbourne - Sutton Bassett - Dingley - E Carlton	Middleton	RFW Cluhouse	Yvonne McGregor 38-19
NC13B	25.6	Middleton - Bringhurst - Ashley - Middleton - Bringhurst - Medbourne - Sutton Bassett - Dingley - E Carlton	Middleton	RFW Club- house	Stuart Dangerfield 56-42

Courses Approved for Open & Association Events

Hill Climbs

Code	Brief Description	Course Record
NHC1	Rockingham Hill	Not Available
NHC2	Kings Hill, Uppingham	Not Available

Section 7 page 1/3
Courses Approved for Club Events

Club TT at Standard Distances

Code	Dist	Brief Description	Notes
NC5/1	5	Whittlebury - Lillingston Lovell - Whittlebury	
NC25/19	25	Syresham – Baynards Green	
NC25/20	25	Holme - B1043 (old A1)	
NC10/24	10	Weekley – Stanion	
NC25/25	25	Litchborough area	To be measured - A5 Rangers.
NC10/27	10	Newton Bromswold - A6 - Rushden Bypass.	New Course 2010

Club Circuit TT

Code	Dist	Brief Description	Notes
NCC2	10	Heath Road - Helpston - Bainton - Ufford - Heath Road - Helpston - Hilly Wood Road	Known locally as the Blue-bell 10 course
NCC 3A	10	Old - Red Lodge - Foxhall - Lamport - Old	Finish ½ mile past the start at the start of a 2nd lap to make the full 10 miles
NCC4	15	Wansford - Kingscliffe - Apethorpe - Fotheringhay - Wansford	Known locally as the Wansford hardriders course
NCC6	10	Hilly Wood Road - Helpston - Bainton - Barnack - Southorpe - Sutton Heath - Southey Woods	

Table continues opposite

Section 7 page 2/3
Courses Approved for Club Events

Club Circuit TT (*cont from previous page*)

Code	Dist	Brief Description	Notes
NCC8	8	Great Bowden - A6 RB - The Hermitage - Brampton Ash - Dingley - A6 RB x 2 & back to Harborough	Usually 2 laps of the circuit are ridden making 15 miles
NCC9	14	Farndon - Clipston - Naseby - Haselbeach - Oxendon	
NCC9A	8.5	Farndon - Clipston - Lamport - Oxendon	
NCC12	10	Helmdon - Sulgrave	
NCC13	5.5	Whiston - Nr Grendon - Cogehoe - Brayfield - Denton - Castle Ashby	
NCC14	22	Washingley - Polebrook - A605 RB - Polebrook - Washingley - Folksworth - Morbourne - Washingley	Known locally as the Place to Place course
NCC15	6.7	Heath Road - Helpston - Bainton - Ufford - Heath Road	Helpston circuit - usually 3 laps of the circuit are ridden making 20 miles
NCC16	13	Southwick road race circuit	
NCC17	14	Elton - Wansford - Kingscliffe - Apethorpe - Woodnewton - Fotheringhay - Nassington	

Club Hill Climbs

Code	Brief Description	Code	Brief Description
NCHC2	Brixworth Hill	NCHC10	East Carlton Hill
NCHC3	Litchborough Hill	NCHC11	Polebrooke Grid ref 068868 to 087854
NCHC4	Newnham Hill	NCHC12	Weedon
NCHC5	Wilby Hill	NCHC14	Southwick Hill
NCHC6	Harringworth Hill	NCHC15	Cottesbrooke
NCHC7	Ketton to Collyweston Hill	NCHC16	Brick Hill, Cottingham
NCHC8	Medbourne to Nevill Holt Hill	NCHC17	Barham
NCHC9	Drayton to Nevill Holt Hill		

Section 7 page 3/3
Courses Approved for Club Events

Club TT at Standard Distance renumbered, no longer used, or not used at present

Code	Dist	Brief Description	Notes
NC25/15	25	Turvey – Brayfield – St Peters Bridge RB	
NC10/16	10	Husbands Bosworth - Welford - Naseby - Sibbertoft.	Upgraded to NC16H for open events
NC9/18	9	Corby - Earlstrees	
NC10/18	10	Corby - Earlstrees	
NC25/18	25	Brigstock - Islip - Brigstock - Grafton - Slipton - Sudborough - Brigstock	
NC10/19	10	Pipewell - Corby bypass - East Carlton	
NC10/22	10	Stagsden - Chicheley RB	
NC25/22	25	Sawtry - Alconbury - Sawtry - Stilton - Sawtry - Monks Wood - Woodwalton - Sawtry	Upgraded to N1/25B for open events
NC10/23	10	Lampport - Rothwell	Upgraded to N3/10 for open events
NC10/26	10	Nassington Road - Fotheringhay - Nassington - Apethorpe - Woodnewton - Nassington Road	Upgraded to NC17 for open events

Club Circuit TT courses no longer used or not used at present

Code	Dist	Brief Description	Notes
NCC1	10	Middleton - Brighthurst - Medbourne - Ashley - Middleton	Upgraded to NC14 for open events
NCC3	9.4	Red Lodge - Foxhall - Lampport - Old - Red Lodge	Start point on circuit varies. Upgraded to NC15 for open events.
NCC5	7	Brampton – Brixworth – Spratton	
NCC11	9	Drayton - Great Easton - Devils Staircase - Medbourne - Drayton	Upgraded to NC12 for open events

Section 8 page 1/3 District Rules & Other Useful Information

District Rules

U turns

Any riders performing a U turn in sight of the start or finish of a time trial may be disqualified from the event.

Etiquette

Please do not warm up on the course after the event has started.
Please try to avoid riding past the timekeeper unless racing.
Please ride around the course in the opposite direction to the competitors when spectating, This is especially important at circuit events.

Hard shell helmets are recommended. (Compulsory for all juveniles and juniors).
In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard shell helmet that meets an internationally accepted standard.

Rear Lights. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

Rules Concerning Courses and Highways

Safety notes for the N1 course (Sawtry)

When travelling North from St. Andrews Bridge roundabout you will approach the Sawtry North Roundabout downhill and will need to continue around the island further than is usual, so give yourself plenty of road space and adjust your speed so you can negotiate the roundabout safely.

N7 course restrictions

No events are allowed on this course on Saturdays
Events held on Sundays must have a start time so all riders complete the course by 9.00am.

The A14

No events to be held at any time on any sections of the A14 trunk road which are in the South East Midlands District.

The A1 (from Brampton Hut Flyover to Alconbury Turn)

No events at any time on this section which is in the South East Midlands District.

N15/25 (& London West H25/20) course restrictions

No events are allowed on this course on Saturdays
Events held on Sundays & Bank Holidays must have a start time so all riders complete the course by 10.00am.

District Rules & Other Useful Information

Measured Miles

On the A6003 Kettering to Uppingham Rd, on a section known as the Corby by-pass. The Measurement is from South to North along the West side of the road. South point is identified by a metal drain cover 28ft North of a road sign 'Uppingham 9 Oakham 15'. The exact point is the North edge of the drain cover. North point is 47ft 3inches short of the road sign post 'Oakley, Corby' The exact point is Marked by a line cut out of the Kerbstone. The kerbstones at each end are painted white.

On the South East side of Towcester along the A5 road. The measurement is from North to South along the South East side of the road. The North point is identified in line with the edge of the Sth. East gatepost to sewage works, opposite the White Bear Inn, Towcester. Southerly point is identified by a paint mark on the kerb stone opposite a fence in the hedge, in run in to the left-hand turn to Heathencote.

On Racecourse Rd joining A1 & A43 near Stamford. The measurement is from west to East along the North side of the Road. West point is identified as 80ft west of a gateway in line with the hinge post, opposite a lane leading to a quarry. East point is 15ft west of a fork in a sycamore tree adjacent to a double gateway. It is approx. 70ft short of the Cambridgeshire Boundary. A large metal bolt head is set in the roadside at each end.

Measured ½ Miles

Start in line with the centre of the post carrying the 30 m.p.h. and restriction sign on the South side of the road from Orlingbury to the Red House, a white mark is painted on the road. Finish is a point in the second gateway after the bungalow. 1 metre 51cm East of the East side of a tree. A six-inch nail with a washer has been knocked into the road and painted white. (*Measured by T. Bailey, J Partridge & G. Swannack. 5 Oct 1997*)

Travel north on the A5 from Towcester to first lay-by north of Duncote turn.

Start at the South end of lay-by in line with the north edge of a white Police square, Proceed north to finish at 4 Inches past the north edge of the second white police square

Section 8 page3/3
District Rules & Other Useful Information

Contact Details for Event Headquarters

N1 courses		
<p style="text-align: center;"><u>Sawtry Village Hall</u></p> <p>Jackie Stanbridge (Parish Clerk) Old School Hall, Green End Rd Sawtry, Huntingdon Cambs PE17 5UX Tel: 01487 831771 e-mail: clerk@sawtry-pc.gov.uk</p> <p>Caretaker : Mr Mitchell Tel 01487 832096</p>	<p style="text-align: center;"><u>Sawtry Football Ground</u></p> <p>Sawtry Sports and Leisure Association Hazel Cooper Tel: 01487 831771</p>	<p style="text-align: center;"><u>Sawtry Sports Centre Fen Lane</u></p> <p>Huntington District Council Chris Davis Tel : 01487 832161</p>
<p style="text-align: center;"><u>Stilton Memorial Hall</u></p> <p>North Street, Stilton</p> <p>Jade Menzies 63 Church Close, Stilton Tel: 01733 240348</p>	<p style="text-align: center;"><u>Stilton Sports Ground</u></p> <p>Mrs Croll 10 Caldecote Rd, Stilton Peterborough, PE7 3RH Tel: 01733241042</p>	<p style="text-align: center;"><u>Folksworth Village Hall</u></p> <p>Details not available</p>
<p style="text-align: center;"><u>Green Field Playing Field</u> (situated on Sawtry/Stilton course)</p> <p>Contact Stella on Tel: 01832 293492</p>	<p style="text-align: center;"><u>Holme Village Hall</u></p> <p>A Billson, 9 Short Drive, Holme, PE7 3PA Tel: 01487 830899</p>	
N3 N18 & NC15 courses		
<p style="text-align: center;"><u>Old Village Hall</u> (currently unavailable)</p> <p>Mrs M Gill 6 Bridle Road, Old, Northampton, NN6 9QY Tel: 01604 781761</p>	<p style="text-align: center;"><u>Broughton Village Hall</u></p> <p>Ring Kim on Tel 0797 9973027</p>	<p style="text-align: center;"><u>Walgrave V.H. & Old Cricket Pavilion</u> are possibilities Suggest obtaining contact details from Kettering CC - see page 5</p>
<u>N17 & NC3 courses</u>	<u>NC12 NC13 & NC14 Courses</u>	<u>NC16 Courses</u>
<p style="text-align: center;"><u>A5 Rangers Clubhouse Towcester</u></p> <p>Contact the club secretary See section 2 of this book for full contact details</p>	<p style="text-align: center;"><u>Rockingham Forest Wheelers Clubhouse, Middleton</u></p> <p>Contact the club secretary See section 2 of this book for full contact details</p>	<p style="text-align: center;"><u>Naseby Village Hall</u></p> <p>Details not available</p>

Section 9 page 1 of 1

South East Midlands Open Time Trials Results for 2009

Date	Course	Dist	Event	Winner	Time
1Mar	NC1a	20	Kettering CC	Matthew Bottrill,	44.55
21 Mar	NC3	31	A5 Rangers CC	Matthew Bottrill,	1-10-07
21 Mar	NC3	15.4	A5 Rangers CC	Sam Barker	37-15
22 Mar	N17/10	10	A5 Rangers CC	Richard O'Rourke	21-53
22 Mar	N17/10	10	A5 Rangers CC Medium Gear	Robert Gray	24-09
18 April	NC16N	20	NDCA - Event 1	Philip Rayner	46-24
25 April	N1/10	10	St Ives CC	Michael Hutchinson	20-29
2 May	NC16H	10	Welland Valley CC Leicester TT Series	Scott Walker	22-18
10 May	NC15	18	Kettering CC	Brett Harwood	41-52
16 May	N1/10	10	NDCA - Event 2	Dominic Sweeney	22-44
30 May	NC15B	20.8	NDCA - Event 3	Dominic Sweeney	47-57
13 June	N3/10B	10	NDCA - Event 4	Dominic Sweeney	22-44
14 June	N1/50	50	Fenland Clarion CC	Nicholas Sayer	2-02-18
14 June	N1/50	50	Fenland Clarion CC Tandems		
4 July	N1/15	15	Peterborough CC	Dan Staite	33-38
18 July	NC14	10	NDCA - Event 6	Dominic Sweeney	22-19
18 July	NC14	10	GHS Dist.Champ	Kristian Woolf	28-08
25 July	N1/10	10	Fenland Clarion CC inc Nat.Clarion Champ.	Paul Davis	22-51
26 July	N1/25C	25	Fenland Clarion CC inc Nat.Clarion Champ.	James Coleman	56-27
1Aug.	NC3	15.4	NDCA - Event 7	Tejvan Pettinger	36-49
22 Aug	N1/25C	25	NDCA - Event 8	Peter Balls	53-53
29 Aug.	N1/10R	10	Peterborough CC	Mick Hodson	22-30
5 Sept	N3/10C	10	Kettering CC	Sam Barker	21-50
12 Sept	NC16H	10	NDCA - Event 9	Tejvan Pettinger	22-16
19 Sept	CTT Rudy Project Round 6 (SEM District)				
	NC16N	29.4	Men/Espoirs	Matthew Bottrill	1-04-16
		20	Veterans,	Dave Dent	45-29
			Women	Sarah Storey	47-47
			Women Vets	Trudi Simmons	51-35
			Juniors	Jack Green	47-08
			Disabled Riders	Simon Richardson	51-54
			Veterans on Std	Richard Glover	+08-19
26 Sept	NC12	18	NDCA - Event 10	Dominic Sweeney	41-30

South East Midlands Open Time Trials for 2010

07	March	Sunday			
20	NC1A	£6.00	1000	Kettering CC	P Quincey, 8 Hockney Avenue, Barton Seagrave, Kettering, Northants NN15 5UF Tel: 01536 514697 Entry Fees Payable to: Kettering Cycling Club
20	March	Saturday			
31	NC3	£7.30	1300	A5 Rangers CC (Mids SPOCO)	
15	NC3	£7.20	1300	A5 Rangers CC	S Cockell, 2 Woodburcote, Nr Towcester, Northants NN12 6JR Tel: 01327 350842 Entry Fees Payable to: A5 Rangers CC
21	March	Sunday			
10	N17/10	£7.20	0900	A5 Rangers CC	
10	N17/10	£7.20	0900	A5 Rangers CC (Medium Gear)	S Cockell, 2 Woodburcote, Nr Towcester, Northants NN12 6JR Tel: 01327 350842 Entry Fees Payable to: A5 Rangers CC
24	April	Saturday			
10	N1/10	£7.50	1400	St Ives CC	
10	N1/10	£15.00	1400	St Ives CC (Tandems)	
10	N1/10	£7.50	1400	St Ives CC (MG 72")	T.Cooke, April House, Station Road, Kimbolton, Cambs. PE28 0HS. Tel: 01480 860526 Entry Fees Payable to: St Ives CC Email: terry_cooke@btinternet.com
01	May	Saturday			
20	NC14	£7.50	1400	Northampton & District CA (TT Series 2 of 10)	G Bickle, 3 Burditt Close, Rothwell, Northants, NN14 6LD Tel: 01536 711872
09	May	Sunday			
18	NC15	£6.00	0900	Kettering CC	S Bailey, 17 Rutland Court, Desborough, Northants, NN14 2YZ Tel: 01536 506919 Entry Fees Payable to: Kettering Cycling Club
22	May	Saturday			
21	NC15B	£7.50	1400	Northampton & District CA (TT Series 3 of 10)	M Wood, 37 Miller Close, Kettering, Northants, NN15 6HG Tel: 01536 484796
05	June	Saturday			
10	N3/10	£7.50	1400	Northampton & District CA (TT Series 4 of 10)	Ms L Parsons, 19 Bougainvillia Drive, Northampton, NN3 3XD Tel: 01604 634642
12	June	Saturday			
10	N1/10	£7.50	1400	Fenland Clarion CC	R Newcombe, 67 Hall Lane, Werrington, Peterborough, PE4 5RA Tel: 01733 706498 Entry Fees Payable to: Fenland Clarion CC

South East Midlands Open Time Trials for 2010

19	June	Saturday				
10	NC17	£7.50	1400		Northampton & District CA (TT Series 5 of 10)	
10	NC17	£2.00	1400 SC		GHS District Championship (South East Midlands DC) (Championship Entry Forms only)	
					M McVitty, 18 Willow Lane, King's Cliffe, Peterborough, Cambs., PE28 6XT Tel: 01780 470083	
10	July	Saturday				
15	N1/15	£7.50	1400		Northampton & District CA (TT Series 6 of 10)	
					A Baird, The Staithe, Cromwell Mews, Helpston, Peterborough, PE6 7DS Tel: 01733 253255	
18	July	Sunday				
50	N1/50	£8.50	0800 B		Fenland Clarion CC (ECCA BAR Qualifying Event)	
50	N1/50	£17.00	0800		Fenland Clarion CC (Tandems)	
					R Newcombe, 67 Hall Lane, Werrington, Peterborough, PE4 5RA Tel: 01733 706498	
					Entry Fees Payable to: Fenland Clarion CC	
31	July	Saturday				
25	N1/25C	£7.50	1400		Northampton & District CA (TT Series 7 of 10)	
					T.Cooke, April House, Station Road, Kimbolton, Cambs. PE28 0HS. Tel: 01480 860526	
08	August	Sunday				
25	N1/25C	£8.50	0900		Fenland Clarion CC	
					D Langlands, 7 School Lane, Elton, Peterborough, PE8 6RS Tel: 01832 280134	
					Entry Fees Payable to: Fenland Clarion CC	
21	August	Saturday				
15.6	NC13A	£7.50	1400		Northampton & District CA (TT Series 8 of 10)	
					T Randall, 16 Manor Drive, Irthlingborough, Northants, NN9 5SL Tel: 01933 388926	
28	August	Saturday				
10	N1/10	£7.50	1500		Peterborough CC	
					J McCarthy, 2 Somerville Road, Stamford, Lincs, PE9 1BW Tel: 01780 755920	
04	September	Saturday				
10	N3/10C	£6.00	1400		Kettering CC	
					G Hinxman, Eversleigh, 16 Braybrooke Road, ** Desborough, NN14 2LH. Tel: 01536 505887	
					Entry Fees Payable to: Kettering Cycling Club	
11	September	Saturday				
20	NC16N	£7.50	1400		Northampton & District CA (TT Series 9 of 10)	
					A Killworth, 1 Davies Close, Market Harborough, Leics., LE16 7JA Tel: 01858 465401	
					Entry Fees Payable to: A Killworth	
16	October	Saturday				
					RTTC Rudy Project Time Trial Series (8 of 8)	
					(Northampton & District CA) (Entries close 28/09/10)	
28.7	NC14	£9.00	1300 NS, ME			
18.7	NC14	£9.00	1300 NS, MV			
18.7	NC14	£9.00	1300 NS, J			
18.7	NC14	£9.00	1300 NS, SC		Disabled Riders only	
					R Daniells, 6 Matson Close, Rothwell, Northants, NN14 6AY	

** NB - Gavin Hinxman address details likely to change (TBN)

Section 11 - Page 1/9
S.E. Midlands District Club Time Trials 2010

45 Road Club

Date	Day	Distance	Course	Start
14-Mar	Sunday	11 miles	NCC13 - Whiston Hilly	10.00 a.m.
14-Apr	Wednesday	11 miles	NCC13 - Whiston Hilly	6.45 p.m.
21-Apr	Wednesday	11 miles	NCC13 - Whiston Hilly	6.45 p.m.
28-Apr	Wednesday	11 miles	NCC13 - Whiston Hilly	6.45 p.m.
05-May	Wednesday	10 miles	NC10/27 Chelveston	7.30 p.m.
12-May	Wednesday	10 miles	NC10/27 Chelveston	7.30 p.m.
19-May	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
26-May	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
02-Jun	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
09-Jun	Wednesday	25 miles	N7/25A- Earls Barton	7.45 p.m.
16-Jun	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
23-Jun	Wednesday	25 miles	N7/25A- Earls Barton	7.45 p.m.
30-Jun	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
07-Jul	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
11 July **	Sunday	25/30 miles	N7/25A - Earls Barton	7.30 a.m.
14-Jul	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
21-Jul	Wednesday	10 miles	N7/10 - Earls Barton	7.45 p.m.
28-Jul	Wednesday	10 miles	NC10/27 Chelveston	6.45 p.m..
1 August **	Sunday	25/50 miles	N7/25A (x2) - Earls Barton	6.30 a.m.
04-Aug	Wednesday	10 miles	NC10/27 Chelveston	6.45 p.m..
11-Aug	Wednesday	10 miles	NC10/27 Chelveston	6.45 p.m..
18-Aug	Wednesday	11 miles	NCC13 - Whiston Hilly	6.45 p.m..
25-Aug	Wednesday	11 miles	NCC13 - Whiston	6.45 p.m.
19-Sep	Sunday	Hill climb	NCHC15 - Cottesbrooke	10.30 a.m.
26-Dec	Sunday	10 miles	N7/10 - Earls Barton	10.30 a.m.

35 events

** These events are being held in conjunction with Kettering CC

Section 11 - Page 2/9
S.E. Midlands District Club Time Trials 2010

A5 Rangers

Date	Day	Distance	Course	Start
31-Mar	Wednesday	5 miles	N17/5B - Silverstone	6.45 p.m.**
07-Apr	Wednesday	5 miles	NC5/1 - Whittlebury	6.45 p.m.**
14-Apr	Wednesday	10 miles	N5/10C - Greens Norton	6.45 p.m.**
21-Apr	Wednesday	5 miles	N17/5B - Silverstone	6.45 p.m.**
28-Apr	Wednesday	10 miles	N15/10 - Finmere	6.45 p.m.
12-May	Wednesday	10 miles	N5/10C - Greens Norton	7.00 p.m.**
19-May	Wednesday	10 miles 2 up	N15/10 - Finmere	7.00 p.m.
26-May	Wednesday	5 miles	NC5/1 - Whittlebury	7.00 p.m.**
9-Jun	Wednesday	10 miles	N5/10C - Greens Norton	7.00 p.m.**
16-Jun	Wednesday	25 miles	NC25/25 - Duncote	7.15 p.m.
23-Jun	Wednesday	15.4 miles	NC3 - Duncote	7.15 p.m.
30-Jun	Wednesday	10 miles	N15/10 - Finmere	7.15 p.m.
07-Jul	Wednesday	25 miles	NC25/25 - Litchborough	7.15 p.m.
14-Jul	Wednesday	10 miles	N15/10 - Finmere	7.15 p.m.
21-Jul	Wednesday	5 miles	NC5/1 - Whittlebury	7.15 p.m.**
28-Jul	Wednesday	25 miles	NC25/25 - Duncote	7.15 p.m.
04-Aug	Wednesday	10 miles	N5/10C - Greens Norton	7.00 p.m.**
11-Aug	Wednesday	25 miles	NC25/25 - Duncote	6.45 p.m.
15-Aug	Sunday	10 miles	N5/10C - Greens Norton	9.00 a.m.**
18-Aug	Wednesday	5 miles	N17/5B - Silverstone	7.00 p.m.**
25-Aug	Wednesday	5 miles	NC5/1 - Whittlebury	7.00 p.m.**
01-Sep	Wednesday	5 miles	N17/5B - Silverstone	6.45 p.m.**
26-Sep	Sunday	1 mile Hill Climb	NCHC3 - Weedon	9.00 a.m.
26-Sep	Sunday	15.4 miles	NC3 - Duncote	10.30 a.m.
24 events				

**** Indicates a 'come and try it' event**

Section 11 - Page 3/9
S.E. Midlands District Club Time Trials 2010

Fenland Clarion

Date	Day	Distance	Course	Start
28 Feb#	Sunday	21.5 miles	NCC14 - Place to Place	10.00 a.m.
28-Mar	Sunday	13 miles	NCC16 - Southwick RR cct	10.00 a.m.
25-Apr	Sunday	25 miles	N1/25C - Sawtry	10.00 a.m.
05-May	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
12-May	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
19-May	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
26-May	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
9-Jun	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
16-Jun	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
23-Jun##	Wednesday	10 miles	NCC2 - Helpston (Hereward)	7.00 p.m.
30 Jun	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
07-Jul	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
21-Jul	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
28-Jul	Wednesday	10 miles	NCC2 - Helpston	7.00 p.m.
01-Aug	Sunday	21 miles	NCC15 (x3) - Helpston 2-up	10.00 a.m.
04-Aug	Wednesday	10 miles	NCC2 - Helpston	6.45 p.m.
11-Aug	Wednesday	10 miles	NCC2 - Helpston	6.45 p.m.
18-Aug	Wednesday	10 miles	NCC2 - Helpston	6.45 p.m.
22-Aug	Sunday	10 miles	N1/10R - Stilton	10.00 a.m.
05-Sep	Sunday	25 miles	NC25/20 - Connington	10.00 a.m.
26-Sep	Sunday	21 miles	NCC15 (3 laps) - Helpston	10.00 a.m.
03-Oct#	Sunday	Hill Climb	NCHC7 - Ketton to Collyweston (Stage1)	10.30 a.m.
01-Jan-11	Saturday	10 miles	NCC2 - Helpston	11.00 a.m.

23 events

These events are being held in conjunction with Peterborough CC

Interclub with Peterborough CC, Bourne Wh & Spalding CC

Section 11 - Page 4/9
S.E. Midlands District Club Time Trials 2010

Kettering CC

Date	Day	Distance	Course	Start
14-Mar	Sunday	10 miles	NC10/24 - Weekley	9.00 a.m.
28-Mar	Sunday	20 miles	N3/10 - Lamport x 2	9.00 a.m.
01-Apr	Thursday	11.7 miles	NC1 - Grafton Underwood	6.30 p.m.
08-Apr	Thursday	11.7 miles	NC1 - Grafton Underwood	6.30 p.m.
15-Apr	Thursday	11.7 miles	NC1 - Grafton Underwood	6.30 p.m.
18-Apr	Sunday	10 miles	N18/10 - Broughton	8.00 a.m.
22-Apr	Thursday	11.7 miles	NC1 - Grafton Underwood	6.30 p.m.
29-Apr	Thursday	11.7 miles	NC1 - Grafton Underwood	6.30 p.m.
06-May	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
13-May	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
20-May	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
23-May	Sunday	10 miles	N18/10 - Broughton	8.00 a.m.
27-May	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
03-Jun	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
06-Jun	Sunday	25 miles	N7/25 - Earls Barton	7.30 a.m.
10-Jun	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
17-Jun	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
24-Jun	Thursday	10 miles	N3/10 - Lamport	7.00 p.m.
01-Jul	Thursday	18.8 miles	NC15 - 2 Laps of Old circuit	7.00 p.m.
04-Jul	Sunday	10 miles	N18/10 - Broughton	8.00 a.m.
08-Jul	Thursday	18.8 miles	NC15 - 2 Laps of Old circuit	7.30 p.m.
11 July **	Sunday	25 miles	N7/25 - Earls Barton	7.30 a.m.
15-Jul	Thursday	9.4 miles	NC15 - Old circuit	7.00 p.m.
22-Jul	Thursday	9.4 miles	NC15 - Old circuit	7.00 p.m.
29-Jul	Thursday	9.4 miles	NC15 - Old circuit	7.00 p.m.
01 August **	Sunday	25/50 miles	N7/25 (x2) - Earls Barton	6.30 a.m.
05-Aug	Thursday	9.4 miles	NC15 - Old circuit	6.45 p.m.
08 Aug	Sunday	10 miles	N18/10 - Broughton	8.00a.m.
12-Aug	Thursday	9.4 miles	NC15 - Old circuit	6.45 p.m.
15-Aug	Sunday	11.7 miles	NC1 - Grafton Underwood	9.00 a.m.
19-Aug	Thursday	9.4 miles	NC15 - Old circuit	6.45 p.m.
22-Aug	Sunday	10 miles	N18/10 - Broughton	8.00 a.m.
26-Aug	Thursday	9.4 miles	NC15 - Old circuit	6.30 p.m.
02 Sep	Thursday	9.4 miles	NC15 - Old circuit	6.30 p.m.
05-Sep	Sunday	Hill climbs	NCHC8-Medbourne - Nevill Holt NCHC9-Drayton - Nevill Holt	10.00 a.m.

35 events

** These events are being held in conjunction with 45 Road Club

Section 11 - Page 5/9
S.E. Midlands District Club Time Trials 2010

Kingscliffe Flyers

Date	Day	Distance	Course	Start
20 Apr	Tuesday	10 miles	NC17 - Kings Cliffe	6.45 p.m.
04-May	Tuesday	10 miles	NC17 - Kings Cliffe	7.00 p.m.
18-May	Tuesday	10 miles	NC17 - Kings Cliffe	7.00 p.m.
01-Jun	Tuesday	10 miles	NC17 - Kings Cliffe	7.00 p.m.
15-Jun	Tuesday	10 miles	NC17 - Kings Cliffe	7.00 p.m.
29-Jun	Tuesday	10 miles	NC17 - Kings Cliffe	7.00 p.m.
13-Jul	Tuesday	10 miles	NC17 - Kings Cliffe	7.00 p.m.
27-Jul	Tuesday	10 miles	NC17 - Kings Cliffe	7.00 p.m.
10-Aug	Tuesday	10 miles	NC17 - Kings Cliffe	6.45 p.m.
24-Aug	Tuesday	10 miles	NC17 - Kings Cliffe	6.45 p.m.

10 events

Section 11 - Page 6/9
S.E. Midlands District Club Time Trials 2010

Peterborough CC

Date	Day	Distance	Course	Start
28-Feb#	Sunday	21.5 miles	NCC14 - Folksworth ('Place to Place')	10.00 a.m.
15-Apr	Thursday	10 miles	NCC6 - Helpston	6.45 p.m.
22-Apr	Thursday	10 miles	NCC6 - Helpston	6.45 p.m.
29-Apr	Thursday	10 miles	NCC6 - Helpston	6.45 p.m.
02-May	Sunday	15 miles (2 up)	N1/15 - Stilton	10.00 a.m.
06-May	Thursday	15 miles	N1/15 - Stilton	7.00 p.m.
13-May	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
20-May##	Thursday	10 miles	NCC6 - Helpston (Hereward)	7.00 p.m.
27-May	Thursday	23 miles	Beardsall - Helpston (4x RR cct)	7.00 p.m.
03-Jun	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
10-Jun	Thursday	20 miles	NCC6 - Helpston (x2)	7.00 p.m.
17-Jun	Thursday	10 miles	N1/10R - Stilton	7.00 p.m.
24-Jun	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
01-Jul	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
08-Jul	Thursday	20 miles	NCC6 - Helpston (x2)	7.00 p.m.
15-Jul	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
22-Jul	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
29-Jul	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
05-Aug	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
12-Aug	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
19-Aug	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
26-Aug	Thursday	10 miles	NCC6 - Helpston	7.00 p.m.
03-Oct#	Sunday	Hill Climb	NCHC7 - Ketton - Collyweston (Stage 2)	11.00 a.m.
30-Oct	Saturday	10 miles	NCC6 - Helpston	2.00 p.m.
27-Nov	Saturday	10 miles	NCC6 - Helpston	2.00 p.m.
27-Dec	Monday	10 miles	NCC6 - Helpston	2.00 p.m.
01-Jan 2011	Saturday	10 miles	NCC6 - Helpston	2.00 p.m.
29-Jan 2011	Saturday	10 miles	NCC6 - Helpston	2.00 p.m.
19-Feb 2011	Saturday	10 miles	NCC6 - Helpston	2.00 p.m.

29 events # These events are being held in conjunction with Fenland Clarion

Interclub with Peterborough CC, Bourne Wh & Spalding CC

Section 11 - Page 7/9
S.E. Midlands District Club Time Trials 2010

Rockingham Forest Wheelers

Date	Day	Distance	Course	Start
07-Apr	Wednesday	3 miles	Ashley - Middleton	6.45 p.m.
14-Apr	Wednesday	3 miles	Ashley - Middleton	6.45 p.m.
21-Apr	Wednesday	10 miles	NC14 - Middleton	6.45 p.m.
28-Apr	Wednesday	10 miles	NC14 - Middleton	6.45 p.m.
05-May	Wednesday	10 miles	NC14 - Middleton	7.15 p.m.
12-May	Wednesday	10 miles	NC14 - Middleton	7.15 p.m.
19-May	Wednesday	10 miles	NC14 - Middleton	7.15 p.m.
26-May	Wednesday	10 miles	NC14 - Middleton	7.15 p.m.
02-Jun	Wednesday	9.2 miles	NC12 - Great Easton	7.15 p.m.
09-Jun	Wednesday	9.2 miles	NC12 - Great Easton	7.15 p.m.
16-Jun	Wednesday	9.2 miles	NC12 - Great Easton	7.15 p.m.
23-Jun	Wednesday	9.2 miles	NC12 - Great Easton	7.15 p.m.
30-Jun	Wednesday	9.2 miles	NC12 - Great Easton	7.15 p.m.
07-Jul #	Wednesday	25 miles	NC14 - Middleton (x2½)	7.00 p.m.
14-Jul	Wednesday	10 miles	NC14 - Middleton	7.15 p.m.
21-Jul	Wednesday	10 miles	NC14 - Middleton	7.15 p.m.
28-Jul	Wednesday	10 miles	NC14 - Middleton	7.15 p.m.
04-Aug	Wednesday	10 miles	NC14 - Middleton	6.45 p.m.
11-Aug	Wednesday	10 miles	NC14 - Middleton	6.45 p.m.
18-Aug	Wednesday	10 miles	NC14 - Middleton	6.45 p.m.
25-Aug	Wednesday	10 miles	NC14 - Middleton	6.45 p.m.
01-Sep	Wednesday	3 miles	Ashley - Middleton	6.45 p.m.
08-Sep	Wednesday	3 miles	Ashley - Middleton	6.45 p.m.
15-Sep	Wednesday	Hill Climb	NCHC9 - Nevill Holt	6.45 p.m.
26-Dec	Saturday	10 miles	NC14 - Middleton	11.00 a.m.
(25 events)	# Interclub with Welland Valley			

Section 11 - Page 8/9
S.E. Midlands District Club Time Trials 2010

St Ives CC

Date	Day	Distance	Course	Start
14-Apr	Wednesday	10 miles	N1/10 - Sawtry	6.45 p.m.
21-Apr	Wednesday	10 miles	N1/10 - Sawtry	6.45 p.m.
28-Apr	Wednesday	10 miles	N1/10 - Sawtry	6.45 p.m.
05-May	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
12-May##	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
19-May	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
26-May	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
02-Jun	Wednesday	15 miles	N1/15 - Stilton	7.00 p.m.
09-Jun	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
16-Jun	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
23-Jun	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
30-Jun	Wednesday	25 miles	N1/25C - Sawtry	7.00 p.m.
07-Jul	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
14-Jul	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
21-Jul	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
28-Jul	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
04-Aug	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
11-Aug	Wednesday	10 miles	N1/10 - Sawtry	7.00 p.m.
18-Aug	Wednesday	10 miles	N1/10 - Sawtry	6.45 p.m.
25-Aug	Wednesday	10 miles	N1/10 - Sawtry	6.45 p.m.
10 Oct	Sunday	Hill Climb	NCHC17 - Barham	10.30 a.m.

21 events

Event HQ except HC: Sawtry Sports Field, Straight Drove, off Old North Rd (B1043). ## N.B. - 12 May is 'Come and try it' event.

Section 11 - Page 9/9
S.E. Midlands District Club Time Trials 2010

Welland Valley CC (includes events in Central District)

Date	Day	Distance	Course	Start
14 Mar	Sunday	9 miles	Medbourne Hardriders	10.00am
28 Mar	Sunday	15 miles	Medbourne Hardriders	10.00am
06-Apr	Tuesday	8.5 miles	NCC9A - Clipston	6.45 p.m.*
11 Apr	Sunday	10 miles	A10/30 Kibworth	9.00am
13-Apr	Tuesday	8.5 miles	NCC9A - Clipston	6.45 p.m.*
20-Apr	Tuesday	8.5 miles	NCC9A - Clipston	6.45 p.m.*
27-Apr	Tuesday	8.5 miles	NCC9A - Clipston	6.45 p.m.*
04-May	Tuesday	10 miles	NC10/16 - Sulby	7.00 p.m.
11-May	Tuesday	10 miles	NC10/16 - Sulby	7.00 p.m.
16 May**	Sunday	25 miles	Kibworth -A6 - A427 /A6003 rbt Corby	9.00a.m.
18-May	Tuesday	10 miles	NC10/16 - Sulby	7.00 p.m.
25-May	Tuesday	2.2 miles	Last 2.2 miles of NC10/16 - Start 800yds S of Sibbertoft	7.00 p.m.
25-May	Tuesday	10 miles	NC10/16 - Sulby	7.30 p.m.
26 May	Wednesday	20 miles 2 up	NC16H x 2	7.00 p.m.
1 June	Tuesday	10 miles	The Langtons	7.30 p.m.
8 June	Tuesday	10 miles	The Langtons	7.30 p.m.
13-Jun**	Sunday	25 miles	Kibworth -A6 - A427 /A6003 rbt Corby	9.00a.m.
15 June	Tuesday	10 miles	The Langtons	7.30 p.m.
22 June	Tuesday	10 miles	The Langtons	7.30 p.m.
29 June	Tuesday	10 miles	A10/30 Kibworth	7.45 p.m.
6 July	Tuesday	10 miles	A10/30 Kibworth	7.45 p.m.
11-July**	Sunday	25 miles	Kibworth -A6 - A427 /A6003 rbt Corby	9.00a.m.
13 July	Tuesday	10 miles	A10/30 Kibworth	7.45 p.m.
20 July	Tuesday	10 miles	A10/30 Kibworth	7.45 p.m.
27 July	Tuesday	5&13 miles	Bruntingthorpe	6.45 p.m.
3 Aug	Tuesday	5&13 miles	Bruntingthorpe	6.45 p.m.
08-Aug	Sunday	25 miles	N8/25 - Lubenham	9.00 a.m.
10 Aug	Tuesday	5&13 miles	Bruntingthorpe	6.45 p.m.
17 Aug	Tuesday	5&13 miles	Bruntingthorpe	6.45 p.m.
29 Aug	Sunday	20 miles	NC16N - Naseby	10.00 a.m.
10-Oct	Sunday	Hill Climbs	NCHC8 & NCHC9 - Nevill Holt	10.00 a.m.
26 Dec	Sunday	10 miles	A10/30 Kibworth	10.00a.m.

13 SEM Dist. events

* 30 second start interval applied for.

NB - Italicised entries are on Central District courses, i.e. Start within Central District even if coming into SEM Dist. There are also "Go ride" events at Bruntingthorpe on 24 , 31 Aug, 7 &14 Sept. at 6.45pm. (Source - Welland Valley website. 27 Feb.)

**** This Central Dist. Course may be referred to for convenience as NC25/17 as Central do not number "club event only" courses.**

For Your Notes

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