



Magazine March 2011

GET IN TOUCH

If you have anything you would like to be included in the magazine or have ideas and suggestions for articles, you can contact me in the following ways.

You can write... Robert White
48 Kentstone Close
Kingsthorpe
Northampton
NN2 8UH

You can telephone... 01604 846125

You can E. Mail... robert@whitepack.me.uk

Deadline for next month's magazine

26.3.2011

Welcome Andrew Jones new member

**Congratulations to Wayne & Selena Hodson who were married on Sat 21st February.
Best wishes for your future together from all your friends in the KCC.**

Membership's fees for 2011 become due on 1st January 2011. This is the last magazine you will receive if membership is not renewed

These have not increased from 2010.

Seniors - Over 18 on 1st Jan - £15

Junior - Under 18 on 1st Jan - £6

Family – Up to 2 Seniors & 2 juniors at the same address - £20

You do not need to send in another membership form unless your contact or address details have changed.

Please forward your remittance to the following address (cheques payable to Kettering Cycling Club)

Robert White
48 Kentstone Close
Kingsthorpe
Northampton
NN2 8UH

Newport Velodrome track session

I would like to organise a club track session at Newport velodrome, maybe on a Sunday towards the end of the season & I would like to gauge interest.

Bikes can be hired & all abilities will be catered for. You don't need to have any experience of riding fixed wheel or riding the track.

Cost wise – £20 for a 3 hour session [including bike hire &](#) with the use of a track coach to show us what to do. We could share cars to spread the fuel costs. [This does require 30 riders to share the hire of the track so if we cant fill those places within the club I will invite riders from other clubs to join us](#)

Please call me or drop me an email if interested.

Gavin
Gavin.s.hinxman@btinternet.com
01536 505887

Club Runs

January 30th

The last Sunday of January and Joe Mulholland caught up with Tom as he headed to Sainsbury's on another chilly morning to join Clive Shackleton and Dave Robinson before setting off on another club run. They rode out of town by riding down Regent St. again and zigzagged through various side streets to join Stamford Rd. and turned left for a short way before turning down the hill to cross the narrow bridge over the Ise Brook, through Walkton up the other side of the valley and on to Grafton.

They continued through the village and made their way to Brigstock to turn onto the A6116 past the picturesque church in Lowick visible from the by-pass. Dave is considering entering the club's first open event and asked where the event started. At the top of the hill, Clive turned back to Kettering, while the others rode down the hill into Thrapston before turning along the Nene valley through Denford and on to Ringstead followed by Great Addington, where Joe turned towards Irthlingborough and home and Dave and Tom headed towards Cranford, where they turned to ride to Grafton again and then Geddington.

They parted company there and Tom headed along the cycle path back to Weekley and Kettering, however he didn't get far before his rear tyre deflated. He stopped and decided to just pump it and see how far he could get. He reached Windmill Ave before he had to stop again; then things went from bad to worse as he couldn't release his foot from the pedal, his overshoe had wedged between the pedal and his shoe plate (cleat). He was standing with one shoe on trying to release his other shoe when Clive stopped his car and offered a lift. This was gratefully accepted.

Tom's ride was exactly 30 miles and thank's to Clive he arrived home just before midday.

February 13th

Stuart Walters met Tom and Joe at Sainsbury's on a chilly but dry morning. Stuart was on his way home after an early ride, while they chatted, Evelyn Clawson arrived so they rode with or rather behind Stuart through the mainly deserted Newland St. and London Rd. Stuart has made remarkable progress since his accident, his broken bones have now joined together. His only complaint is that he can't ride out of the saddle. He turned for home along Wallis Rd. while the others rode to Pytchley.

The wind was quite strong which made the hill harder. At the junction they turned past the Overstone Arms to ride to Orlingbury, where they turned right to cross the A43 at the Red House crossroads on route to Hannington and then Holcot, from there they went to Moulton and turned left to the roundabout and Overstone, riding through Sywell and on to Little Harrowden, where Evelyn turned for home via Orlingbury, while Joe and Tom turned right to Great Harrowden crossing the Wellingborough Rd. to head for Finedon by the single track road past the golf club. Joe's legs were really spinning on his fixed wheel down the hill to cross the bridge over the railway. They continued into Finedon and headed towards Cranford before turning to Great

Addington, where Joe turned back to Irthlingborough and Tom turned left to go to Woodford and on towards Twywell, Grafton crossroads and home.

Tom arrived at about 12:30 having ridden a total of 40 miles.

February 20th

Stuart, Dave Robinson, Evelyn Clawson and Tom set off from Sainsbury's on a dull, misty and chilly morning in an easterly direction, which meant riding down Regent St. and through various side streets to join the Stamford Rd for a short way before turning downhill through Walkton and up the hill towards Grafton, Dave increased his pace as soon as he got on the climb, whereupon Stuart took the opportunity to get out of the saddle and chase after him. Stuart said that he needed to do that as he might be racing against him in the N.C.R.A Handicaps. Tom and Evelyn rode up the hill at a slower pace and rejoined the others a short way along the road. They all continued towards Slipton, but just before the village they turned right to ride down the winding road through Twywell. Leaving the village along the old A604, which runs parallel to the A14, they passed the turn to Woodford and continued towards Islip. Stuart took the next left turn to ride back home through Slipton.

The trio continued to Islip and down across Nine Arches Bridge into Thrapston, while they were riding down the hill, Tom noticed that Dave's rear wheel had developed a wobble so as they got to the top of the hill out of Thrapston they stopped to investigate and Dave found a broken spoke. After some discussion he decided to cut short the ride and return home.

Evelyn and Tom continued to ride through Titchmarsh to Clopton, before turning to ride down the hill to Lilford. After passing Lilford Hall they turned left and rode through the Hamlet of Achurch to Thorpe Waterville and crossed the two branches of the river Nene over very narrow hump-backed bridges then rode through Aldwinckle and on towards the A6116, where they turned left to ride up the hill to the roundabout at Islip and then right to return to Kettering via Slipton and Walkton.

Tom arrived home just after mid-day. The length of the ride was 33 miles.

FOR SALE

Frame Kuota Kharma Carbon 57cm
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Wheels Aksiums.

c/s Stronglight Carbon Pulsion Compact -170

Gears Campagnolo Centuar Carbon. 10 Speed.

Levers - - Carbon Ergo.

Pedals Look .

Stem Carbon Summit Maxy System .

S/P Easton A90 Carbon .

Saddle F1 ZIK .Arione.£700 ono.

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Frame Diamond Back (Road Bike) Aluminium. Carbon Forks 58 cms

Wheels Spinegy SR 3

C/S Campagnolo Centuar Compact 170

Gears Campagnolo Veloce 9 Speed .
 Levers Campagnolo Centuar .Ergo.
 Pedals Look.
 Stem Massi Alloy.
 S/P Easton Alloy . Saddle Kuota. £ 250 ono.
 Bike Bag only used it once .
 Bike Bag with wheel covers £35 ono .

Contact Pat 01933650883 or dorothy,houghton@ntlworld.com

What's On

March 2011

Sat	5 th	N.C.R.A. H'cap R.R. (1) 48klm. Mawsley	14.00	
Sun	6 th	K.C.C. Open Hilly 20ml C.T.T. NC1A Brigstock		10.00
Thur	10 th	K.C.C. Turbo Session. North Park Pavilion	19.30	
Sat	12 th	N.C.R.A. H'cap R.R.(2) 48klm. Middleton	14.00	
Sun	13 th	K.C.C. 10ml Club T.T. NC10/24. Northern By-pass	09.00	
Thur	17 th	K.C.C. Turbo Session. North Park Pavilion	19.30	
Sat	19 th	A5 Rangers 31 &15.4ml C.T.T. NC3 Duncote	13.00	
"	"	N.C.R.A. H'cap R.R.(3) 48klm Glatton	14.00	
Sun	20 th	K.C.C. Clubrun. Sainsbury's	09.30	
"	"	A5 Rangers 10ml T.T. N17/10 Towcester	09.00	
Thur	24 th	K.C.C. Turbo Session. North Park Pavilion	19.30	
Sat	26 th	N.C.R.A. H'cap R.R.(4) 48klm. Mawsley	14.00	
Sun	27 th	K.C.C. 20.8ml C.T.T. NC15/b Lamport.	09.00	
Thur	31 st	K.C.C. Turbo Session. North Park Pavilion	19.30	

April 2011

Sat	2 nd	N.C.R.A. H'cap R.R.(5) 48klm. Southwick	14.00	
Sun	3 rd	K.C.C. Clubrun. Sainsbury's	09.30	
Thur	7 th	K.C.C. 11.7ml C.T.T. NC1 Grafton Underwood	18.30	
Sat	9 th	N.C.R.A. H'cap R.R.(6) 48klm Middleton	14.00	

Wrong Number

A caller to Surrey Council complained that the phone number they had been given for their library was out of order, only to be told that '0900 1800' were in fact its opening hours.

Nostalgia

For anyone interested in cycling nostalgia, the website:- www.3speedtour.com is worth a visit. Although American it's quite good, about a group which re-creates British-style cycle touring of the past, with all-steel bicycles, no lycra, and no carbon. It also contains film clips of the C.T.C. rail-cycle touring to Rugby and surrounding area, including a trip to Naseby battlefield.
