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Magazine September 2010  
Contents:

***GET IN TOUCH***

**If you have anything you would like to be included in the magazine or have ideas and suggestions for articles, you can contact me in the following ways.**

**You can write...      Robert White**  
**48 Kentstone Close**  
**Kingsthorpe**  
**Northampton**  
**NN2 8UH**

**You can telephone... 01604 846125**

**You can E. Mail...      [robert@whitepack.me.uk](mailto:robert@whitepack.me.uk)**

Deadline for next month's magazine

**28.9.10**

**Can all those with KCC trophies please return them to me as soon as possible**

**Thanks  
Judith Affuso**

**40 Lomond Drive,  
Kettering,  
Northants,  
NN15 5DE.**

**Tel : 07920001301**

Club Chairman .

I have enjoyed being the club chairman since its formation 10 years ago but I shall not be seeking re-election this year I would like someone else to take on the role.

Dorothy and myself will always be about to help if needed.

Thanks to all members for their support.

Yours Pat Houghton.

### **Kettering CC's Open Cyclo-Cross Event**

On the 9th October, KCC will be running their first ever Cyclo-Cross event at Weekley Glebe playing fields in Kettering.

For those of you unfamiliar with the discipline of Cyclo-Cross then it can be best described as cross country running but on road bikes with knobbly tyres. Riders will attempt to complete as much of the small circuit as possible on their bikes. However often various obstacles such as steps or logs will mean the rider has to jump off their bike and run over the obstacle before remounting. The whole event makes for a great spectator sport, as is very popular on the Continent over the Winter period.

For those who fancy giving it ago, and haven't got a Cyclo-Cross bike, then a mountain bike is a good second option. For those who don't fancy giving it ago, then I could really do with the help of between 10 to 12 people. Responsibilities would include helping set up the course, marshalling to serving tea and cakes, plus many other not too demanding roles. We have a full days racing, with races for Under 10's up to Veteran category, with every age group covered inbetween. Please contact me if you are free for either a few hours in the morning or the afternoon to assist.

Many Thanks  
Robin Bellamy  
Tel. 07516 391 147



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## TYRES

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(Behind Travis Perkins)

**Kettering Cycling Club**

**Annual Dinner and Prize Presentation**

**Sunday 14<sup>th</sup> November 2010 12.30p.m. for 13.00**

**The Bull's Head, Arthingworth**

\*

For the third year running our Annual Dinner and Prize Presentation will be held at the Bull's Head, Arthingworth, who have served us well in the past. Last year all seats were sold two weeks before the event, so early booking and payment is essential. Last date for booking is Friday Nov. 5<sup>th</sup>. 2010. No increase in price from last year. Price per head for three course meal, tea or coffee is £15. Children £10.

Please select from the following menu:-

**Starters**

Home-made leek and potato soup with crusty bread (V)  
Duck and orange pate with warm toast  
Traditional prawn cocktail with brown bread and butter  
Creamy garlic and stilton mushrooms  
Brie wedges with sweet chilli dip (V)

**Main Courses**

Roast Scotch beef with Yorkshire pudding  
Roast breast of turkey with traditional accompaniments  
Poached salmon in a light cheese sauce  
Vegetable lasagne with mixed salad and garlic bread (V)

**Desserts**

Apple crumble and custard  
Lemon cheesecake  
Ginger sponge with ginger sauce  
Sherry trifle  
Cream selection

Ice

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<b>Name</b>	<b>/</b>	<b>Starter</b>	<b>/</b>	<b>Main course</b>	<b>/</b>	<b>Dessert</b>
	/		/		/	
	/		/		/	
	/		/		/	
	/		/		/	
	/		/		/	

Bookings and payment to Bernard Smith, 31, Park View, Kettering. 01536 500942  
By Nov.5<sup>th</sup> 2010. Cheques payable to Kettering Cycling Club.

#### **Thanks to all**

Thanks to all members that supported the timekeeping & marshaling rota this season. The feedback has been very positive.

Thanks once again to Bob for covering the majority of the timekeeping but hopefully we now have a few people that could do it too.

That brings us on to 2011 !!!!

Bob has said that he will stand down as our main timekeeper at the end of this season. That obviously leaves us with a major hole to fill.

First question: Are there anyone out there that would like to be one of our club timekeepers? It would be great to get 3 or 4 timekeepers that would be happy to share the timekeeping.

We would still need the riders to share the marshaling, as we did this year.

If we are unsuccessful finding some timekeepers then we will all have to share the work in the rota.

The CTT have also requested that we put out warning signs for club events for next season, another job to cover!

Please let me know thoughts.

Gavin  
TT Secretary

#### **Thanks to Natalie**

On behalf of the club, I would like too thank Natalie & Neil Sharp for allowing us to park on their grass throughout July and August. Its been fantastic to have somewhere off the road to all congregate. What wonderful surroundings too.

Gavin  
TT Secretary

### **Parking 2011**

I have a meeting with Old Village Hall in September to discuss our parking & HQ requirements for next season. Ill keep you all informed

Gavin

TT Secretary

### **. Old Skool "World Championships"**

Taken from the Planet X website, written with humour by Ian Cammish:

While the World's so called leading cycling stars preferred to spend time on the beach, in the courts or generally preferring the softer option of resting up in preparation for the upcoming Tour of Spain, World Road Race Championships, BTTC Championships and the last of the evening Cuckney '10's, the out and out psychopaths of our sport converged on the infamous F2A course in Cambridgeshire last weekend for the eagerly awaited premier edition of Planet X's World 10 miles Old Skool Championship.

The biggest field in the entire history of Planet X's Old Skool events took over the village of Cambourne for the weekend's events. Camp sites in the area had been fully booked for months in advance in anticipation of the entertainment that was rumoured to have been laid on by Stuart Tarry and his merry band from Team Whambam Design. Unconfirmed rumours that other leading bands including U2, Status Quo, Glenn Miller and that cute little quirky La Roux (with the aero hair-do) were also going to perform live still remain unconfirmed ... several days after the event (supposedly) took place.



Former leading lights of Planet X's Old Skool series have been ducking and diving all season trying to

keep their form under wraps as far as the competition is concerned. The extent of ducking and diving however has led to most so-called 'big-hitters' either disappearing without trace or up their own posteriors (one of the penalties of international stardom I'm afraid). This has left the door open for a new generation of stars to emerge ... mostly in their 60s it must be said (but still many years younger than the likes of Cammish, "the Power" Parkinson et al).

And so the day dawned and the road network of Cambridgeshire was grid-locked with fans arriving from all four corners of the Universe to witness what was about to take place.

Years of dietary neglect and many months of physical torture in front of the TV with takeaways and the local off-licence's best deal of the week have found to be the order of the day for previous round winners ... but today's generation of stars appear to have turned over a new leaf in an effort to thrust themselves into the limelight and (virtually) guaranteed star status with all the 'trimmings' to boot ... such are the rewards of success in ANY of Planet X's events.

Although there was no clear cut favourite for the Championship, several 'has-beens' from previous series' events put in a show. Gavin 'good man' Hinxman, now riding for the crack Kettering CC team, vowed to 'kick butt' in the Old Skool event after having competed in the earlier all aero event complete with his Gran's support stockings (as made famous by the Irish legends, Micky, Paddy, Hutchy and son), but his valient efforts got blown away in the strong winds that blew across the flat carriageways of Cambourne and he failed to live up to expectations to take the bronze medal with 24-03.

There were more old farts in evidence than you'd come across on a Saturday evening after a couple of vindaloos in the Bunda Khan . One prime example was Planet X's own Stuart Wright - putting in his first Old Skool appearance hoping to follow in the fine Old Skool record of the 'Silver Fox' himself Ian Cammish (last seen heading for passport control with lots of bags of duty free in his trolley being pursued by several men in white coats). Wright upheld Team Planet X's excellent tradition of high placings by taking the Silver medal with 23-16.

Having already tasted a certain degree of success on the same roads last year, Horsham CCs Paul Mellen returned with only one thing on his mind "Can I get away with using my SRMs again in another Old Skool event?". Anorak clad officials were far too busy 'coming in their cocoa' over all the all kit in evidence at the event than to be bothered with that. For goodness sake the man was using drop handlebars, no aero hat, deep rimmed wheels, discs or tri-bars wasn't he? And he went faster than all the other old cronies ... so the top honours went his way with a fine 23-02.

## **Laurent Fignon**

It was sad to hear of the death of Laurent Fignon this week. He was the Tour De France winner when I first got into cycling in 1983. Some may say that year that he may have been a little lucky that year as the yellow jersey Pascal Simon crashed part-way through the race breaking his shoulder blade.

There were no doubts in 1984 however as he obliterated the field by over ten minutes including Bernard Hinault back from injury.

Fignon is partly remembered for the tours he lost which include the 1984 Giro d' Italia when recently crowned world hour record holder Francesco Moser won the final time trial on a specially adapted road version of the hour record bike.

More famously however was losing the 1989 tour by eight seconds which culminated in the final time trial on the Champ Elysees. Paul Liggett's words still ring out "Fignons lost the Tour de France, the crowd realize it"

Fignon had a brief interview during this years' tour for ITV4 stating that he seemed to be holding the cancer at bay, sadly not the case.

Robert White

### **Racing Report**

Thursday 29<sup>th</sup> July

Four improvers in this weeks Club 9.4ml C.T.T. at Old. Natalie Sharpe had the biggest improvement of 1.03. with her 28.34. Josh Monger made a 29sec. step forward to 24.44. and Jon Thorne improved 15secs. to 26.55. George Bridge had a seasons best of 32.06, an improvement of 2.31. Rob Barker continued his domination of the series with a winning 22.25. Tony Brown was 33secs. down for a second placed 22.48. Mark Booth was third in 23.17. Other times:- Mark Affuso, 24.17. Shaun Bailey, 25.07. Mike O'Connor, 26.24. Chris Pettis, 26.34. Norbert Radvanszki, 26.53. Tom Bailey, 27.59. Mick Wood, 28.08. President, Bob Hill was timekeeper, assisted by Harvey Childs and Ken Vatcher, whilst Phil England and David Robinson did their stint at marshalling.

Friday 30<sup>th</sup> July

Heavy rain fell during the Friday Night M.T.B. 10<sup>th</sup> round at Rugby. Robert White rode to a 20<sup>th</sup> placing in the Veterans Race.

Saturday 31<sup>st</sup> July

Tony Brown was third Veteran in his age group in the N.& D.C.A. 25 on the N1/25 at Sawtry. Tony had a plus of 10.15 from his fine time of 1.00.52. Mick Wood did a 1.12.46, and Tom Bailey 1.13.44. Winner was Chris Rimes of Fenland Clarion, 56.07.

Paul Ashdown kept his good form going with a second personal best in a fortnight, with a smart 58.25 ride in the Heanor Clarion event at Etwall. Paul beat his previous best by 1.13. Winner was Michael Westwell, R.A.F.C.C. in 52.33.

### Sunday 1<sup>st</sup> August

The Club 50mile Championship was held over six laps of the testing Earls Barton- Doddington-Gt. Billing circuit. That didn't deter Rob Barker from retaining his title with a fine 1.57.24 ride. Runner-up was Tony Brown, who despite riding a 25 the previous day, clocked a best of 2.03.57. Third place went to Stu Jones, with a great debut at the distance of 2.09.26. Eddie Clutton did 2.10.55, and Phil England, in his first attempt at 50mls, did a satisfying 2.31.36.

### Thursday 5<sup>th</sup> August

Better evening for tonight's round of the Club 9.4ml C.T.T. series, with six riders recording series bests. Rob Barker again took the honours, 2secs better in 22.05. Tony Brown closed the gap with 22.31, a S.B. by 17secs. Third placed Paul Ashdown was 35secs. better in 22.45. Fourth placed Steven Colbert was 17secs. better in 23.15. Mike O'Connor dipped inside 26mins. for the first time with 25.58. and Tom Bailey made a 29sec. step forward to 27.30. Other times recorded by Bob Hill and Gavin Hinxman were:- Adrian Tilley, 24.50. Josh Monger, 25.05. Andy Christie, 25.28. Harvey Childs, 25.56. Chris Pettis, 26.46. Andi Scott, 27.21. Bernard Smith, 29.55. George Bridge, 32.09. Mick Gale and Mick Wood did the marshalling.

### Saturday 7<sup>th</sup> August

Gavin Hinxman increased his tally of Club Records by adding the 50ml Record to his list. Gavin rode to a superb 1.53.58. in the B.D.C.A. event on the Etwall course. The previous record stood to Rob Barker at 1.54.32. done in 2008. Although quite windy Gavin had a tailwind finish to help him to the Record. Winner was Julian Jenkinson, Utag-Yamaha, in 1.42.35.

### Sunday 8<sup>th</sup> August

It was a harder return leg for the 14 riders in the Club 10ml T.T. at Broughton. Rob Barker powered his fixed wheel round to an impressive 22.44. Tony Brown was second fastest in 23.22, and Mark Booth took 3<sup>rd</sup> spot in 24.11. Paul Ashdown said he was over-gearred on 100inch fixed wheel, but still finished with 24.23. Other times:- David Robinson, 24.42. Darren Botterill, 24.55. Harvey Childs, 26.13. Phil England, 28.32. Mick Wood, 28.59. Bernard Smith, 29.26. Bob Hill held the watches, assisted by Phil Quincey, and Robin Bellamy marshalled the turn.

### Thursday 12<sup>th</sup> August

Heavy showers ceased in time for the Club 9.4ml C.T.T. but numbers were reduced as a result. On-form Tony Brown scored his first win of the Series with his 22.40. Most times were down on previous weeks, with the exception of 40-year old Harvey Childs who took 47secs. off his previous best with 25.06. Other times:- David Robinson, 23.46. Darren Botterill, 24.24. Chris Pettis, 26.41. Tom Bailey, 28.20. Natalie Sharpe, 28.36. Mick Wood, 29.05. Bernard Smith, 30.56. Andrew Scott and Ken Vatcher assisted Bob Hill in the timing. Rob Barker and Marcus Buksh marshalled the junctions.

### Saturday 14<sup>th</sup> August

Tom Bailey had a good ride in the V.T.T.A. 10ml T.T. at Six Mile Bottom, when he clocked a seasons best of 27.30. for a plus of 5.32. Bernard Smith did a 28.21. Best ride of the breezy afternoon came from Angus Jardine of Ipswich B.C. with a 20.59.

Gavin Hinxman turned in another sterling performance over 10 miles, with a seasons best of 21.18 in the Bridlington C.C. event at South Cave.

#### Sunday 15<sup>th</sup> August

A small turnout of five riders for the K.C.C. 11.7ml C.T.T. at Grafton Underwood. The Northerly wind made the hilly finish stretch slightly easier.

Rob Barker rode out to marshall on his hack bike, but with as many helpers as riders, decided to ride. This resulted in a close finish, with Rob winning by 10secs. in 31.13 From David Robinson,31.23. Mark Affuso was a close 3<sup>rd</sup> in 31.37., and Mick Wood did 37.12. Paul Ashdown started, but didn't feel too good as was D.N.F. Timekeeper Bob Hill was assisted by Darren Botterill, and Bernard Smith marshalled.

#### Thursday 19<sup>th</sup> August

Heavy rain caused many riders to opt out of the Club 9.4ml C.T.T. but 10 hardy souls voted to ride. Roads were awash in places and strewn with grit. Thankfully the wind was light, resulting in a season's best ride of 21.57 for series winner Rob Barker. Tony Brown clocked a second placed 23.06. with David Robinson third in a personal best of 23.12. Other riders were:- Mark Booth, 25.17. Clive Hewson, 25.21. Darren Botterill, riding his training machine, 26.10. Chris Brennan had his first ride as a married man with a 29.20. Adrian Tilley was out of luck, puncturing in the opening mile. Andrew Scott timed, assisted by Bob Hill, with the course marshalled by Mick Wood, Robert Glanister and Bernard Smith.

#### Saturday 22<sup>nd</sup> August

Three K.C.C. members recorded good times in the Team Sanjan 10 at Hardwick, Cambridgeshire. On form Gavin Hinxman did a fine 22.03, just ahead of Rob Barker, 22.17. And Paul Ashdown with 23.25. Winner of the Open event was Ashley Cole, of Corley Cycles in 20.12. Gavin also rode in the accompanying Old Skool event, for non-aero bikes, taking third place in 24.03, behind winner Paul Mellen, Horsham C.C. 23.02. In the section for riders riding in the two events, Gavin was second, behind winner Stuart Wright of Planet X, whose times were 21.48 and 23.16.

The three Club N.& D.C.A. regulars, Mike O'Connor, Tom Bailey and Mick Wood, competed in the 15.6ml C.T.T. over the hilly Middleton-Bringhurst-Sutton Basset-Dingley circuit. Mike led the trio with 48.03, followed by Tom with 50.52, and Mick, 52.39. The rain kept away, but it was very windy, with the winner, Andre Dyason of St. Ives C.C. doing 39.01.

#### Thursday 26<sup>th</sup> August

A wild, wet and windy evening for the penultimate Club 9.4ml C.T.T. Much windier than last week, and thoroughly miserable for the six brave souls who rode. Just three Club members and three privates. Rob Barker rode one of his vintage machines, and gave way to Tony Brown who took the honours in 23.27. Rob finished in 24.08. Darren Botterill made up the trio with his 25.37. Mark Affuso assisted Bob Hill in timekeeping. Whilst Mark Booth and Bernard Smith marshalled.

#### Saturday 28<sup>th</sup> August

A typical N1 afternoon for the Peterborough C.C. 10ml T.T. at Stilton. The reversed course did nothing to help, as the cross-wind offered little help in either direction. Tom Bailey battled to a

28.57, whilst Bernard Smith was outside evens again in 30.14. Brett Harwood, I-Ride, was the winner in 21.20.

Whilst the testers have been battling against the watch, Robin Bellamy has been down at the Milton Keynes Bowl for a spot of road racing. On the 5<sup>th</sup> of Aug. Robin was 19<sup>th</sup> in the 3<sup>rd</sup> and 4<sup>th</sup> Cat. Event, won by Simon Cannings, Team M.K.

A week later Robin fared better with a 14<sup>th</sup> placing in the Category E event, behind winner Ian Knight, Virgin Active. Results of Fenland Clarion R.R. in which Robin, Paul Ashdown and Andy Fairley competed, are not to hand.

### **Help Required**

As part of the 75<sup>th</sup> Anniversary of the N. & D.C.A. the Association is running the final event of the Rudy Project Time-Trial Series. The event is on Saturday afternoon 16th October, starting at 13.00. The K.C.C. have been asked to marshal the junction at Bringhurst. The senior riders will be doing two laps, 28.7mls, and women, juniors, and disabled riders, one lap, 18.7mls. If you can help, please contact Bernard on 01536 500942.

### **K.C.C. Annual Dinner & Prize Presentation**

Elsewhere in this magazine you will find an order form for the above function to be held on Sunday November 14<sup>th</sup>. The last two years have been a complete sell-out. Indeed, last year, all tickets were sold two weeks before the event, so early booking, and payment is essential. Don't miss out on the social event of the year!

### **What's On**

#### **September 2010**

Wed	1 <sup>st</sup>	Rugby Velo Cyclo-Cross. (1) St. Andrews	19.00
Thurs	2 <sup>nd</sup>	Final K.C.C. 9.4ml C.T.T. Old	18.30
Sat	4 <sup>th</sup>	K.C.C. Open 10ml T.T. N3/10C H.Q. Mawsley	14.00
Sun	5 <sup>th</sup>	K.C.C. Hill Climb Champs. Neville Holt x2	10.00
“	“	Hitchin Nomads 90klm. R.R. Cardington	09.00
Wed	8 <sup>th</sup>	Rugby Velo Cyclo-Cross (2) St. Andrews	19.00
Sat	11 <sup>th</sup>	N.& D.C.A 20ml C.T.T. Naseby	14.00
Wed	15 <sup>th</sup>	K.C.C. Go-Ride Session. Weekly Glebe	18.00
“	“	Rugby Velo Cyclo-Cross (3) St. Andrews	19.00

#### **October 2010**

Sat	9 <sup>th</sup>	K.C.C. Cyclo-Cross. Venue to be announced	11.00
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