



Magazine July 2010

Contents:

GET IN TOUCH

If you have anything you would like to be included in the magazine or have ideas and suggestions for articles, you can contact me in the following ways.

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Deadline for next month's magazine

28.7.10

Welcome to two new members this month:

Chris Johnson Jon Thorne

Dear Members, As Chairman of The Kettering Cycling Club and on behalf of its members I would like to pass on my sincere thanks to all those who contributed in any way to what I consider a successful day at **The Halfords Tour Series**. Special thanks go to Gavin, Robin and Shaun for their extra work to enable the club to be proud of its effort.

Pat Houghton.

Marshalling / Timekeeping Rota

Thanks to everyone for their continued support with the rota, its working well. Here is the list for the next 2 months. Please call me if you cannot make your allocated slot (Gavin 07740 725368)

Date	Day	Time	Distance	Event	Timekeeper	Timekeeper's assistant	Marshal 1	Marshal 2
01/07/2010	Thursday	7.00pm	18.8	KCC Evening TT - Old 18.8	Bob Hill	Gavin Hinxman	Andy Fairley	Harvey Childs
04/07/2010	Sunday	8.00am	10.0	KCC TT - Broughton	Bob Hill	Phil Quincey	Mike O'Connor	
08/07/2010	Thursday	7.00pm	18.8	KCC Evening TT - Old 18.8	Gavin Hinxman	Bob Hill	Robert Barker	Robert Draycott
11/07/2010	Sunday	7.30am	25.0	KCC 25 Championship TT - Earls Barton.	Bob Hill			
15/07/2010	Thursday	7.00pm	9.4	KCC Evening TT - Old 9.4	Bob Hill	Tony Brown	Adrian Tilley	John Tilley
22/07/2010	Thursday	7.00pm	9.4	KCC Evening TT - Old 9.4	Tony Brown	Bob Hill	Tom Bailey	Bernard Smith
29/07/2010	Thursday	7.00pm	9.4	KCC Evening TT - Old 9.4	Bob Hill	Darren Botterill	Phil England	John Hardwick
01/08/2010	Sunday	6.30am	25 / 50	KCC 50 Championship TT - Earls Barton	Bob Hill			
05/08/2010	Thursday	6.45pm	9.4	KCC Evening TT - Old 9.4	Darren Botterill	Bob Hill	Mick Wood	Mick Gale
08/08/2010	Sunday	8.00am	10.0	KCC TT - Broughton	Bob Hill	Robin Bellamy	Phil Quincey	

15/08/2010	Sunday	9.00am	11.7	KCC TT - Grafton Underwood	Bob Hill	Gavin Hinxman	Michael Ringrose	Josh Monger
12/08/2010	Thursday	6.45pm	9.4	KCC Evening TT - Old 9.4	Bob Hill	Andrew Scott	Robert Barker	Marcus Buksh
19/08/2010	Thursday	6.45pm	9.4	KCC Evening TT - Old 9.4	Andrew Scott	Bob Hill	Robert Draycott	Robert Glanister
26/08/2010	Thursday	6.30pm	9.4	KCC Evening TT - Old 9.4	Bob Hill	Mark Affuso	Mark Booth	Andy Fairley
02/09/2010	Thursday	6.30pm	9.4	KCC Evening TT - Old 9.4	Mark Affuso	Bob Hill	Chris Brennan	Chris Pettis

Parking at OLD

Following our evening TT series moving to Old for July onwards & the demise of village hall in Old, new member Natalie Sharpe has kindly offered us use of her field in Old for parking for the Old based evening time trials. The field can be found on the Walgrave road just as you are leaving the village of Old. Please remember that we are guests & therefore please park considerably & be careful when pulling back out onto the road.

Kettering Tour Series

Wow, what a spectacle!

We were asked by Kettering Borough Council if we were interested in promoting cycling & the club at this event. This was too good an opportunity to miss so a number of us got involved.

We had a couple of gazebos to cover us from the rain (that fortunately didn't come!) & on display we had a photo display with some great pictures from the current day & from days gone by.

We had a number of members on hand giving out membership details & answering questions.

We had a lot of interest & positive comments including how bright & smart our club kit was.

Stephen Colbert (www.colbertcycles.com) had a couple of great bikes on show which brought a number of people onto the stand.

In-Motion products (www.inmotionproducts.com), the cycling accessory mail order business in Telford Way had given us some promotional leaflets to give out (remember – if you telephone them first you can often collect goods from the business personally, 01536 525223). I still have some catalogues which I will leave with Bob, certainly worth a look.

We also borrowed a Wattbike, this is a static exercise bike that can be adjusted to suit riders of all shape & sizes. It was a fantastic, we set it to time a 200m sprint & riders were invited to have a go to top the time sheets. This brought lots of people to the stand. Harvey topped the sheet for quite some time until Rob Barker got on board to set the club benchmark. We had the brother of former British Best All Rounder Gary Dighton, we had members of the council, and many children including go-rider Bailey Hodson who had two goes despite not being able to reach the pedals! Michael Cowland was one of the fastest riders overall until 2009 Gladiator TV show winner David Staff took the top honours. This was only bettered towards the end of the day by a guy (who's name I can't remember) that may be interested in joining the club – we sent him to speak to the Rocko !! (not really!)

Thanks to Steve Edwards at Wattbike for the use of the bike (www.wattbike.com). Wattbikes can be purchased or hired from Steve Edwards. The bikes do a lot more than we used it for, they can do pedalling efficiency testing (to see if you push on just the downstroke or if you push & pull for the full 360 degrees, all pretty interesting stuff), would be great to get one for a winter club night session maybe.

We also had two of our Go-Ride riders as mascots. Ben Morley was a mascot for Pentdragon whilst Jack was a mascot for Candi TV, Marshall's Pasta. Both got to get on the podium at the start, and got a replica jersey. In Jack's case, he got back on the podium, as Candi TV, Marshall's Pasta held onto their overall series lead. Plus, many of the other Go-Riders now want to be professional bike riders when they grow up.

Thanks to all the members that gave up time for this promotion, we did the club proud.

Gavin

Racing Report

Friday 21st May

In the second round of the Friday Night Mountain Bike Series at Bulwick Estates, Josh Monger claimed 4th place in the junior event, behind James Hyde, Numplumbz. Whilst in the Veterans event, Club Magazine Editor Robert White had his first outing, and finished 36th in a large field.

Thursday 27th May

Gavin Hinxman hit top form to wrest the Club 10 mile Championship title from regular winner Rob Barker. The course had to be shortened due to the Lamport Festival. Gavin edged out Rob by just six seconds, with his time of 23.05. Third place went to Robin Bellamy in 23.56. Other times:- Tony Brown, 24.28. Paul Ashdown, 24.46. Darren Botterill, 25.10. Shaun Bailey, 25.32. Eddie Clutton, 25.44. Josh Monger, 25.50. David Robinson, 25.59. Adrian Tilley, 26.05. Harvey Childs, 26.56. Marcus Buksh, 28.10. Tom Bailey, 30.08. Bernard Smith, 31.05. Natalie Sharpe, 31.44. Phil Quincey, 33.15. George Bridge, 35.24. John Tilley, 35.26.

Sunday 30th May

Tom Bailey had his first outing over 25mls, and chose a tough morning for it on the Six Hills course north of Leicester. Tom's time over the windswept course was 1.13.05. Silas Goldworthy, of Sandy Wallace Cycles, from north of the border defied the conditions with a winning 53.44.

Darren Botterill, 25.23, and Bernard Smith, 30.11, were hoping for better conditions in the Spirit Racing 10ml, on the exposed Stoke Hammond by-pass course near Milton Keynes. Winner was Tim Carter, Virgin Active, in 21.38.

Thursday 3rd June

Rob Barker got back into winning ways by clocking 23.54, in tonight's round of the Club 10ml series at Lamport. Tony Brown improved 18secs. to take second place in 25.07, and David Robinson, 32secs. better for a 3rd placed 25.48. Good improvements too from Adrian Tilley, 1.40 off to a 26.24. Chris Johnson, 56secs better in 29.49, and Michael Ringrose, 30secs. better in 30.10. John Tilley nicked 10secs. off to 35.36, to edge past George Bridge, 36.07. Other times:- Darren Botterill, 26.09. Michael Rogers, 26.32. Josh Monger, 26.28. Mark Affuso, 26.35. Chris Brennan, 26.43. Shaun Bailey, 27.11. Mike O'Connor, 28.11. Marcus Buksh, 28.14. Mick Wood, 30.29. Paul Marlow, 30.56. Bernard Smith, 32.31. Phil Quincey, 33.38.

Saturday 5th June

It was warm and heavy going in the N.& D.C.A. 10ml T.T. on the N3/10 at Lamport. Winner was Tom Platts of Cambridge C.C. in 23.00. Four K.C.C. riders competed, David Saunders was best in 27.38. followed by Mike O'Connor, 27.56, Mick Wood, 30.47, and Bernard Smith, 31.47.

Mark Booth, 58.42, and Paul Ashdown, 1.00.56, both recorded good seasons bests in the Newark Castle 25 at Carlton on Trent. Paul had previously scored a P.B. 10ml of 22.57, in the 45Rc Club event.

Sunday 6th June

Rob Barker clocked a good 57.01, in the Hitchin Nomads 25 over the harder version of the F1 going south to Baldock. Brother Sam, Planet X, was edged out by winner Rob Weare, Leamington, 52.30, by just 12 seconds. Bernard Smith grovelled on the harder outward leg, to finish in 1.15.03

Saturday 12th June

Club veteran road racer, Stuart Walters, used all his road racing skills to ride to a fine second place in the Rapha-Condor Hog Hill Vets Series at Redbridge. This ride also gave him top spot in his age group.

Mark Booth stormed to a personal best 25ml time of 57.49. in the Sherwood C.C. event at Carlton on Trent. Mark took 24secs. off his previous best. Matt Bottrill, I-Ride U.K. was the best on the day in 48.52.

Gavin Hinxman was out of luck in the Burton D.C.A. 100ml T.T. at Etwall, when, after a flying first 50, was forced to retire with a puncture at 66 miles.

Thursday 17th June

A deceiving night for the Club 10 at Lamport, with times slower than usual. Chris Johnson bucked the trend with an improvement of 1.27 to a P.B. of 28.22. George Bridge managed a seasons best of 35.41. Bob Hill and Paul Ashdown held the watches and Mark Booth marshalled. Times:- Rob Barker 24.38. Tony Brown, 25.23. Eddie Clutton, 25.53. David Robinson, 26.36. Mark Affuso, 26.43. Josh Monger, 26.44. Harvey Childs, 27.57. Marcus Buksh, 28.16. Mike O'Connor, 28.41. John Hardwick, 29.01. Andy Laing, 29.38. Andi Scott, 29.47. Chris Pettis, 29.50. Mick Wood, 31.04. Paul Marlow, 32.48. Natalie Sharp, 32.56. Bernard Smith, 33.06.

Friday 18th June

In the 5th Round of the Friday Night M.T.B. Series at Kilworth Springs, two Club veterans competed in the Vets section, Robert White was placed 32nd, and Phil Quincey, 44th. John Smith, Numplumbz, was the winner.

Thursday 24th June

Thirty riders faced Timekeepers, Paul Ashdown and Bob Hill in the final event on the Lamport course. Steven Colbert, marshalled the turn. Probably the best night of the series, with many bests and seasons bests, noted in brackets. Times:- Rob Barker, 24.09. Tony Brown, 24.42,(P.B. 25secs). David Robinson, 25.00,(P.B. 58secs). Darren Botterill, 25.33,(P.B. 36secs). Mark Affuso, 25.50,(S.B. 45secs). Michael Rogers, 26.18,(P.B. 14secs). Clive Hewson, 26.23. Stu Jones,(P.B. 1.02). Josh Monger, 26.40. Adrian Tilley, 26.54. Chris Brennan, 27.00. Andrew

Christie, 27.07. Chris Johnson, 27.47,(P.B.35secs). Marcus Buksh,27.57,(P.B. 17secs). Jon Thorne, 28.26. Mike O'Connor, 28.27,(S.B. 14secs). Chris Pettis, 29.14.(P.B. 7secs). Tom Bailey, 30.18. (S.B. 20secs). Mick Wood, 30.52. Paul Marlow, 31.07. Natalie Sharpe, 31.39.(P.B. 28secs). Bernard Smith, 33.15. John Tilley, 36.05.

Saturday 26th June

Really warm afternoon for the Hinckley C.R.C. 10ml T.T. on the flat, but un-yielding, Cloudsley Bush course at Wolvey. Three Club veterans competed. Mike O'Connor clocked 27.41. Tom Bailey, 29.49. and Bernard Smith, 30.28. Matt Clinton, Mike Vaughan.co.uk. won by 20secs. in 20.45.

Sunday 27th June

Gavin Hinxman put all his disappointment from his previous 100, behind him, as he rode to a superb 3.59.40, in the E.C.C.A. event on the Four Went Ways-Red Lodge course. This fine P.B. set a new Club Record for the distance, beating the previous record by 11mins 56secs, held by Phil Nudds. The early start meant most of the course was covered before it got too hot. The winner was Andy Bason, Team Pedal Revolutions, in 3.37.16. Earlier in the week, Gavin had clocked a seasons best 10, of 21.45, in the Team Cambridge event on the F2A at Milton.

What's On

July 2010

Thurs	1 st	K.C.C. Club 18.8ml C.T.T. Old Circuit	19.00
Fri	2 nd	Friday Night M.T.B. Series Cosford Lane, Rugby	19.00
Sun	4 th	K.C.C. Club 10ml T.T. N18/10 Broughton	08.00
Tues	6 th	N.C.R.A. H'cap R.R. 48klm. Southwick	19.15
Wed	7 th	K.C.C. Go-Ride. Weekly Glebe Playing Field	17.00
Thurs	8 th	K.C.C. Club 18.8ml C.T.T. Old Circuit	19.00
Fri	9 th	Friday Night M.T.B. Series. West Lodge, Desborough	19.00
Sat	10 th	N.& D.C.A. 15ml T.T. N15/1 Sawtry	14.00
Sun	11 th	K.C.C. Club Championship 25 N7/25 Earls Barton	07.30
Wed	14 th	K.C.C. Evening Go-Ride. Weekly Glebe Playing Field	19.00
Thur	15 th	K.C.C. Club 9.4ml C.T.T. Old Circuit	19.00
Thurs	22 nd	K.C.C. Club 9.4ml C.T.T. Old Circuit	19.00
Sun	25 th	Welland V.C.C. Road Races. 84&135klm Naseby	09.30
Thurs	29 th	K.C.C. Club 9.4ml C.T.T. Old Circuit	19.00
Fri	30 th	Friday Night M.T.B. Series. Cosford Lane,Rugby	19.00
Sat	31 st	N.& D.C.A. 25ml T.T. N1/25 Sawtry	14.00

August 2010

Sun	1 st	K.C.C. Club Champ. 50ml T.T. N7/25x2 Earls Barton	06.30
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Thurs 5 th	K.C.C. Club 9.4ml C.T.T. Old Circuit	18.45
Sun 8 th	K.C.C. Club 10ml T.T. N18/10 Broughton	08.00

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Make a note in your diary:- Sunday 14th November, 2010. For the K.C.C. Annual Lunch and Prize Presentation at the Bull's Head, Arthingworth, and good news is there is no price increase on last year.